STORE-HOUSE FOR THE DISEASED—1596.

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J. & J. P. EDMOND & SPARK, ABERDEEN

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A Rich
Store-house or Treasury
for the Diseased.

Wherein, are many approued
Medicines for diuers and sundry
Diseases, which haue been long hidden,
and not come to light before
this time.

Now set foorth for the great benefit
and comfort of the poorer sort of people
that are not of abillitie to go
to the Physitions.

By A. T.

Rebus aduersis constans.

AT LONDON,
Printed for Thomas Purfoot,
and Raph Blower. Ann. 1596.

¶ *To the Right Honorable*
Thomas Skinner, Lord Mayor
of the City of London.

IT hath been, and is (right Honorable) a lawdable cuſtome in this Citie, that at the entring of any Lord Maior into his Office, not onely his familiar friends and acquaintance, but alſo of euery fraternitie, ſome ſelected men should preſent his Lordship with one gift or other: Whereby they do not only congratulate with him his late increaſe of honor; but alſo thoſe preſents are as tokens, or earneſt pence of their yeelding dutie and obedience vnto his Lordship, during his office. In like ſort, I my ſelfe (though one of the pooreſt, yet a Citizen, and none of the leaſt, in humble obedience, and dutifull good meaning towardes your honor, am imboldened to preſent your Lord-

ship with this Booke, intituled, **A rich Storehouse or Treasury for the Diseased,** A Booke (Right Honorable) very necessary, and conuenient to bee vsed of the poorer sorte of people (for the preseruation of their health) that are not of abilitie to go to the Phisitions, and I assuring my selfe, that your Lordship will vouchsafe to be a protector of the poore peoples profit and good, both in health and wealth, (the same comming by chaunce into my hands) haue thought it good to publish it vnder your honorable name, whose Authority may best countenance the same, and whose curteous admittance shall be a sufficient guerdon of my dutifull good meaning heerein. If my worth were greater, my dutie would shew greater: in the meane time, as it is, it is bound to your Lordship,

To whome I wish long life,
still lengthened with
all happinesse.

Your Lordships in all duty

Raph Blower.

DIVERS & SVNDRYE GOOD Instructions & Rules for all such as are the true Practisers of Phisick and Chirurgerie, which are very meete and conuenient to be obserued and knowne vnto them, And also concerning Bloud-letting, Purging, and of the vse and commoditie that often times commeth thereof.

FORASMVCH as Health is profitable and pleasant to all men, since that all men do continually wish, and pray eyther for the restitution or continuance of the same, and how that it is the propertie of nature, onely to fighte and striue against diseases, and also that the Phisition is but the minister and seruant of nature, either to apply such thinges to her, as may be vsed to distroy the disease withall, or els by taking away the greatest parte of the same matter which causeth and maintenyeth the sickenes, and therefore it is very meete & necessarie for euery Phisition, before such time as he doe minister any thinge at all to the sick person, diligentlie to learne, and to search out perfectly the principall cause of the disease, in the which if he be ignorant, it is more by good fortune, then by any cunning or skill, that he doe euer cure any disease at all. For how is it possible to helpe nature, with that which she hath neede of: except it be first knowne, what she needeth, which none can knowe, except the cause of the disease be first manifestly knowne vnto him, for y he may minister thinges directly, contrary to the cause of the same disease. And therefore I doe most greatelye lamente

the ignorance of the common sort of People, who for the moste parte are perswaded, that one medicine is sufficient for one disease, & not regarding that one disease may come of sundrye causes, and therefore it doth necessarilie require diuers medicines, as for example, weakues of the stomacke (that it cannot digest well, or that it hath no good Appetite) is one disease, which neuertheless may come a dozen sundrie waies at the least. Therefore the cure of it cannot be alwaies with one medicine, As if weakenes of the stomacke, doe come of a weake distempure of it selfe onely, then it must of necessitie be made hotte by some meanes, but if heate be the cause of weakenes, then it must needes be cooled, Likewise you must moisten dryes, and drye moisture, But if the weakenes doe come of some superfluous humour that doth abound, which hath flowed into the stomacke, or hath been there ingendred, then must that ill humour, of necessitie be purged out, eyther by a vomite, or els a purgation with a meeke medicine for it, And if it be fleame, then with a medicine that expelleth fleame, But if choller be abounding there: then must it be such a medicine as doth purg choller, And likewise for melancholy, a meete Purgation must be vsed to expell the humour, But if the imbecillitie of the stomacke, be caused by a distillation and Rewme, that falleth out of the head into it, then is the cure to be remedied in ỹ head, and not in the stomacke, Likewise if distempure of the liuer or spleene, doe weaken the stomacke, then the cure consisteth in the healing of those members, and not in minisstring of any thinge for the stomacke.

Therefore let no man thinke it sufficient for the Phisition, if he knowe that a man hath such a disease, as the Ague, the Collick, the Flix, or such other like &c. that then hee maye straightway (if he be skillfull) minister a medicine meet for it: Noe not soe, but he must first search by all meanes possible, the very cause it selfe of ỹ disease, which many ignorant People doe perswade themselues, that a skilfull Phisition may doe

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in all diseases, by the onely sight & inspection of the Vrine, But alas they are altogether deceiued, and for to come to y knowledg of the cause of some inward disease, the Vrine profiteth nothing at all, for in moste inwarde diseases of the bodye, there ought as greate a regard to be had and taken to the Pulses, and to the dispositions & state of the Braine, of him that is sick, as there should be had of the Vrine. Also the Egestions, Sweat, Spettle, and other Excrements, are not to be neglected, in soe much, that at some time they do declare y cause of the disease, and the state thereof, when the Vrine doeth not shewe any thinge at all.

Likewise for example, in a Plurisie, or an inflamation of the Lunges, or in a Squinancie, or such like, there is more to be knowne by Spettle, then there is by Vrine.

Also in a Laske, or a bloudye Flixe, or in a Collicke, or Iliake, there is more certaintie of Judgment, to be geuen by Egestion or Ordure, then there is by Vrine: Which thinges, those that are not altogether addicted to their owne fantasies, may easely by good reason, be perswaded to credite, for Vrine is nothing else, but the watrie and washie parte of the bloude, for it is seperated from bloud in the Liuer, and sucked from thence into the Raines, from whence it distilleth downe into y Bladder, and soe passeth foorth. Seeing therefore that Vrine is the excrement that is seperated from y bloud: there is good cause why it should shew the state of the Liuer, & of the Bloud, in all partes of the body, and it can also declare the state of all such members as it passeth by, as of the Raines, the Bladder, and such like.

But certainely in other diseases that be out of the Vaines, & be distant from the places, by which the Vrine passeth, there is no certaine iudgment to be geuen by the Vrine, vnlesse the vehemencie of the disease hath infected the bloud or the Liuer after some sort, Neuertheles such is y ignorãce of many people, that they thinke him woorthye of noe estimation in Phisicke,

which cannot at the first sighte of the Vrine (although it hath been carried xx. Miles) tel whether it be the water of a man or a woman, and how the disease greeueth the patient better then himselfe, & also whether he shall liue or dye, what disease soeuer it be, which thinges vndoubtedly in diuers diseases are impossible to be knowne by the onely sight and inspection of the Vrine.

Therefore it is very necessarie for him that will minister Phisicke, duly and rightfully to obserue these 4. rules following (That is to say) first to see the sick Person, & to conferre with him or her, which soeuer it be, for there is none that can soe well declare any griefe (whatsoeuer it be) as he can that is troubled therewith. Secondly to view and feele the Pulses, and to obserue well the state of them. Thirdlye to view very diligently all the excrements, not onely the vrine, but also the Spettle, Sweat and Ordure. Fourethlie and last of all, to haue a respect to the place where the griefe is, and to consider well the accidents that doe arise thereof, not omitting to know the former diet and trade of life, which the sicke person hath vsed, These thinges then being diligentlie & seuerally marked, the Phisition may more certainly learne the chiefest cause of the disease, the strength thereof, and to what ende it will come vnto, then by seeing the Vrine onely, and also by what meanes he may minister a meete medicine for it, whereby the sick person may soone finde ease, and purchase vnto himselfe exceading greate fame.

Thus haue I partely declared, what thinges oughte to be knowne of euery Phisition, that thereby he might withdraw, & take awaye the fonde and foolish opinion, that a greate number of people do deeme to be true, that is, that the sight of the Vrine is sufficient ynough, for a cunning Phisitiō, perfectlie to know the disease of the sicke, and the true cause thereof, & to minister apt medicines for it. And now I cease to speake any more hereof, but I will as briefly as I may entreate somwhat of the vse and benefit that doth arise & come of Purging,

and

and Bloud-letting, & I would wish all those that do practise the same, to be carefull thereof.

Note also that if the bodye of a manne, doe abound with humours, which are ready to oppresse nature, then whether there be any sicknes in the body present, by meanes of them, or if there be but daunger of sicknes, those humours must be euacuat out of the bodie, eyther by Bloud-letting, Purging, vomit, Sweating Bathes, or else by some other kind of euacuation. But I will speake here onely of euacuation by Bloud-letting and Purging, and first of all of Bloudletting.

There be diuers thinges to be considered of, before Bloud-letting, as the age of the patient, the complexion, the time of the yeare, the region, the custome, the strength, and the vehemencie of the disease.

The age must be considered, because Children vnder 14. yeares of age, and old folke may not be let bloud, vnlesse great necessitie require it.

The complexion is to be noted, because a hote complexion hath large vaines, and aboundeth with much bloud, and they may therefore forbeare a good quantitie of bloud; But colde complexions haue narrow vaines and litle bloud, and therfore theire euacuation must be small.

The time of the yeare must be very well marked, that the weather be not too hote nor too colde, and therefore the spring time is the most aptest time for bloud-letting, because that then it is temperate.

The Region and Cuntrey, is to be spoken of, because it is to be noted, that if the Region be very hote, or else very colde, it is not good to let bloud, but a temperate Region is moste meetest of all for it.

Custome is not to be neglected, for thereby we may knowe that they that haue beue accustomed to bleede, may better suffer bloud-letting, then those that were neuer letten bloud at any time before.

The strength of the Person must be regarded, for if there be

greate weakenes, then is it very daungerouse to let bloude at all, except great necessitie compelleth.

Also the vehemencie of the disease is worthie to be marked: for if it be a vehemente disease, then you must let bloud foorthwith, if the former circumstances will permit it.

These thinges being considered, if they will permit bloud-letting, and if it be in a needefull cause, then it shalbe very necessarie to knowe in what signe the Moone is in, for you muste take heed that she be not in the signe that gouerneth that member, wherein you intend to open the vaine, & also to forsee that shee be in such a signe, as is good to let bloude in.

The vses and commodities of bloud-letting, are these that are here expressed.

First, This is a generall rule, that bloud-letting is a very good remedie for all diseases that be engendred of abowndance flowing or eruption of bloud, as be chiefly the Feuers called Sinochy.

Also the Phrenesie, Squinancie, Plurisie, Peripnewmony, Opthalmie, and against all inflamations, and impostumatiõs engendred of bloude in the Lyuer, the Spleene, the Raines, the Wombe, the Share, the Arme-holes, the Armes, the Legges: and to conclude, in all inwarde or outwarde partes, wheresoeuer the inflamation bee: bloud-letting is good for it, whether it be now present; or that there be any danger, that it wil shortely engender.

Also Bloud-letting is good in Feuers, whether they be continuall or intermittent, insomuch that the obstructions & stoppinges of the Vaines, be caused of immoderate repletion of the humoures.

Note also that Bloud-letting doth emptie and euacuat from the bodie, all humours alike, as well the good as the bad.

And therefore it is chiefly to be vsed, when there is to great an abowndance of bloude in the bodie & other humours, which doe straine the vaines, and that there is greate daunger & ieopardie in breaking of some vaines, or the brusing out of some

flure

flure of bloude, or of choking, and to extinguish naturall heate. And therefore in such cases, you must let bloud with all speed, although the sicknes be not already present.

For by letting of bloud in due season, the superfluous fullnes of the vaines, is brought into a meane state againe, and the paines that came of the fulnes and stretching of the vessels, be eased: And the heauines that was felte in the bodie, is cleane taken away, and the bodie is lightened, and made more quick and nimble, to doe all such actions as nature hath ordeyned it to doe. Also it causeth nature, to haue a larger scope, & a free passage by opening & emptying of the straight waies & passages, of the vaines and Arteries.

Last of all, if it be done in time, it preuenteth diuers and sundrie diseases, into which the bodie was both apt and readie to haue fallen into.

Many more commodities might here be rehearsed as concerning bloud-letting, which is done when necessitie requireth, and as it ought to be done, but to conclude (omitting all other) Note this for a generall rule, that bloud-letting is very good against all kinde of diseases, which be caused and engendred of bloude, and not onely when the diseases are present, but also it is good letting of bloude, to preuent any such diseases, if they be forseene or feared, alwaies regarding that there be none of these impediments aforesaid, which doe prohibite & forbid bloud-letting, except it be in great necessitie and extremitie, for then as the common prouerbe is, Necessitas non habet legem, that is: Necessitie hath noe lawe.

Heere would I leaue of to speake of bloud-letting, but that there commeth into my minde, the common opinion of the ignorant people, which doe certeinly beleeue, that if any person be let Bloud one yeare, ỳ he must likewise be let bloude euery yeare, or els he is in (I cannot tell) how great danger, which fond opinion of theires (whence soeuer it sprong at the first) is noe more like to be true, then I shoulde say, when a man hath a greate wounde by chaunce, in any part of his body, whereby

he loseth much bloud, and that after it is healed, he must of necessitie haue the like wounde againe the next yeare, to auoide as much bloud, or els he is in daunger of greate sickness or of death, Which opinion, if I my selfe did affirme it to be true (although it be most false) yet I might vse the like reasō and auctoritie to defende it, that the common people doe vse for theires: for they can say nothing if they be asked why they thinke soe, but that they haue heard many say soe, Therefore I would wish that noe man should credite any longer this fond and foolish opinion, being most false, vnlesse he can shewe good reason for it, which I ame very well assured of, noe man can doe. Mary this I thinke, that like as bloud-letting is not good against all diseases, soe also it is not good in all persons, but onely in those that will be content to vse afterward a moderate and conuenient diet.

Those therefore that doe abound with bloud, and will be let bloud to preserue themselues, from the daunger of any disease, which is like shortely to ensue and molest them, They must for a long time after, be content to vse a moderat and conuenient diet, For those that be vntemperat & gluttonous in meates, or are great drinkers, & wine-bibbers, they doe not onely receiue no commoditie at all by bloud-letting: but also often times, they catch more hurt by it, then they should haue had without it, for in 3. or 4. daies space after, they fill & stuffe themselues with more raw iuices and humours (by meanes of vnmeasurable diet) then they had before, and often times they do dye through conuulcion.

And therefore note that there is such force and vertue in a moderate diet, to eschue and decline diseases, that without the due obseruation of it, bloud-letting is to noe purpose at all. And therefore if the common saying of the people be true in any body, that they must of necessitie be let bloud often, it is verie true, but it is in such as keepe an immoderat diet, presently after Bloud-letting, and therefore I do aduertise all men, to beware of excesse in eating & drinking after bloud-letting.

Note

Note also ỳ after bloud-letting, none ought to walke very fast, or to runne, or to vse any vehement exercise, but let him be quiet and rest himselfe, vntill such time as his spirites shall be wel refresht and quieted againe.

Note also, that no person being let blood, ought to sleepe immediatly after bloud-letting, but let him keepe himselfe both quiet and wakinge, and auoiding all contention and exercise of body and minde, and about two houres after lettinge of bloud, there may a litle foode be taken, but let it be such as will make good iuice and nourish apace, and within 4. or 5. houres after bloud-letting or somewhat afore, the patient may be permitted to sleepe, soe that it be prouided for, & taken heed of, that he doe not turne himselfe vpon that Arme, where the vaine was opened, and let him also take good heede that he do not loosen the band, and soe let the bloud flowe out againe, and let him afterwardes vse a sparing diet, dayly increasing it by little and litle, vntill such time as he be come to his accustomed or ordinarie diet againe.

And note that the morning is the most meetest time of all for bloud-letting, when euery digestion is perfectly finished, & the superfluities and excrements of ech of them fully auoided out, which thinges of necessitie must be foreseene, that they bee so, Or at the least in a time of great extremitie, the next apt time to let blood in, is when the stomacke is somewhat emptie, and that is about sixe or eight houres after meate. Thus much I haue entreated of as concerning blood-letting, and now I am purposlie minded to speake somewhat of the vse and commodities that come of Purging.

First it is to be vnderstood, that euery kinde of Purgation, hath that secret vertue and propertie in it selfe, that when it is receiued into a mans body, and prouoked to exercise the vertue that it hath by naturall heate labouring to digest it, then doth it draw vnto it all such humours, as it hath vertue and power to Purge.

And therefore a Purgation is an euacuation of vicious and

corrupt humours, which doe oftentimes trouble and molest ỹ body, but not of all corrupt and bad humours alike.

For euery Purging medicine, doth drawe vnto it selfe, one peculier and proper humour (that is) eyther Flegme or choller, or else melancholie or watery humours.

And therefore those persons that be perfectlie in health, ought not to take a Purgation, since they doe not abound with corrupt humours, wherefore in those, when the medicine findeth no such superfluous humours as it hath vertue to drawe, it consumeth and wasteth the bloud and the flesh. And for that cause, whole folkes are not purged by purgations, but rather consumed and wasted, for it is manyfest hereby, that Purgatiós be very daungerous to them that are in perfect health, which thinge is testified also of Hippocrates in the 37. Aphorisme, of his second booke, where he saieth after this sort, Qui corpore bene se habent hos purgare periculosũ est, (that is) it is dangerous purging of those that be in perfect health.

Also because euery purging medicine hath vertue to drawe one peculier homour, there is good heede and care to be taken, that such a medicine be ministred as hath vertue to drawe out the humour abounding, and none other, or else in stead of much good, that of it selfe it would doe, if it were conueniently ministred: it may contrarywise doe exceading great hurte, and worke many inconueniences to the body. And accordinge to to the saying of Hipocrates in the last Aphorisme of his firste booke, in this maner. Si qualia oportet purgari purgentur, cõfert, et facile ferunt, si contra, difficulter, that is, yt such things be purged as ought to be, it profiteth, and may easily be suffered, but if it be contrarywise, it hurteth and may scarcely bee borne. Therefore there ought diligent care and heed to be taken in the receiuing of a purgation, that it be ministred by a skilfull Phisition, that hath certainly found out what humour it is that aboundeth. But alas the greatest number of the cõmon sort of people, do, hould an opinion that if they may haue a medicine for a little money, which will worke them often

to the stoole, what humour soeuer it be, and purgeth out, they are safe ynough: howe be it, I would wish them hereafter alwaies to haue in minde this saying of the most excellent Phisition Hipocrates in the xxvii. Aphorisme of the first booke, Deiectiones non multitudine sunt estimandæ, sed si talia deijciantur, qualia conueniunt, that is: Egestions are not to bee esteamed for their great quantitie, but if such bad humours be purged out as they ought to be (that is) such vicious & corrupt humours as doe abound and bee superfluous in mans bodye, then is the bodie quieted for a long time after, if it be dieted as aforesaid.

There be diuers thinges chiefly to be considered of by euerye Phisition before such time as he doe minister any Purgation to the sicke person: as the qualitie and quantitie of the humour, the strength of him or her that is sicke, the age, the time of the yeare, and lastly the disease.

The qualitie of the humour is greatly to be considered, that thereby he may perfectly knowe what kinde of humour is to be euacuate, & purged out, for it must be onely that which troubleth the bodie, with superfluous abounda[illegible] thereof.

As if great aboundance of flame doe molest and trouble the bodie, then hee must of necessitie minister a medicine whiche purgeth fleame, and so likewise for all other humours whatsoeuer abounding in any part of the bodie.

Also he that doth vndertake the ministring of any medicine, ought to haue great respect to the strength of the sicke or diseased person: for if he be very weake and feeble, there ought no purgation at all to be ministred vnto him, because all maner of purgations doe both weaken nature & diminish strength, and the stronger the sicke person is, the more he is weakened thereby. Let all men therefore beware of vehement & strong purgations, least they put their liues in hazard & danger. By the age of the Patient, the Phisition is put in minde that children and old men ought not to receiue any Purgations, except marualous great necessitie doe require it. The time of the

yeare is not to be neglected, for there be some times of the yeare wherein Purgations ought not to be ministred, as in Sommer, and especially during the time of the Dogge daies, as they are most commonly called, and also during all the time, that the Sunne is in Leo, for then is nature burnt vp, and made soe weake withall, that she is not able to suffer the force and violence of a Purgation, but the Spring time is the most meetest and principalest time in all the yeare, for the taking of Purgations, because it is then temperate.

Last of all, the Phisition ought diligently, to behould & contemplate the disease, that he knowing certainly what kind of disease it is, may the more better finde out of what humour, it is caused, As for example.

Yf the Phisition do perceiue y disease to be a tertian Feuer, straightway he knoweth that it is caused of great aboundance of choller, and therefore he must of necessitie minister a meete medicine to purge choller, withall, and so likewise in all other diseases.

Note likewise, that if there be none of the impediments aboue named, a Purgation is good to be ministred to all such as haue aboundance of euill iuice or corrupt humours in the body, for it draweth out all the bad humours that doe molest y body, and thereby doth restore it to his owne state againe.

But if a Purgatiō be rashly ministred eyther to one that needeth it not, or at an inconuenient time, or that it be such a medicine, as draweth not out the humour which then aboundeth, or if the medicine be behement and very strong, it will surely put the Patient in great daunger of his life.

These thinges therefore ought to be well taken heede of by all menne, lest they catch great hurt when they hope for some great profite.

But if a Purgation be discreetly ministred to him that hath need of it in due time, and by an apt and meet medicine, which is of that force and abillitie, to drawe out the abounding humours in suffitient quantitie, then doth the medicine purchase

most

most singuler great commodties to the body, for it euacuateth and emptieth out all the chiefest causes of the diseases and sicknesses, eyther present or els to come, being ingendred of any superfluous or corrupt humour, as are most commonly Feuers, tercians, quartaines, quotidians, or Fluxes, and are caused of rawe humours or sharpe choller, Dropsies, Goutes, Palsies, Litargies, and diuers other &c.

Note also that before a Purgation be ministred, there ought a medicine to be taken, which should prepare the body, & make it apt to purge, and therefore it is called a preparatiue, it is geuen for two causes, eyther to deuide, extenuat, & make them grosse and clammy humours, that they may be ready to flowe out, when the medicine draweth them, or else it is geuen to open and vnstoppe the conduits & vessels of the body, by which the Purgation must drawe the superfluous humour to it.

And this is that which Hipocrates doth counsaile in the first Aphorisme of his second booke, where he saith, Corpora cum quisq; purgare voluerit, oportet fluuia facere, that is, when any man will purge the body, he must make it flowing, by opening and vnopening of the vessels.

The most meetest time of al to receiue a Purgation is in the morning, for then are all the digestions perfectly finished, and the stomacke is without meate, There is also great heede to be taken in what signe the moone is in, before such time as any Purgation be ministred, for some signes are very good for it, & other some are euill, Therefore I would wish all such as doe take vpon them the ministring of any Purgation, to haue great regard before they do minister it, of the sicke person, the time, and the place greeued, and also to marke wel all such thinges as are before rehearsed, least that they doe more hurt thereby in one day to ỹ sicke person, then they are able to doe him good in a whole yeare, and yet they may doe it of meere simplicite, not knowing themselues what they haue done, neyther are they able to cure the same wound which they themselues haue made.

A Purgation must be taken hote, for soe it offendeth the stomacke least, and it will worke the sooner.

Also those that are apt to vomite, and are not able to endure the smell of the Purgation, let them stoppe their nosethrills, or else let them smell to some odorifferous thinge, when they are about to take it, and assoone as it is taken, it is good for the Patient, to smell to a tosse of browne bread dipped in vineger, and to applie warme clothes to the stomacke, and to wash the mouth presently after that it is taken, with some odoriferous wine, or els to chew some sweete and pleasant thing to take away the bitter taste or smell of the medicine, & by this meanes vomiting shal be eschewed.

Likewise for the space of one houre after that the Purgation is taken, let the Patient sit still and keepe himselfe quiet, and without any sleepe at all, that the strength of the medicine may passe into all partes of his body, but if the Purgation do worke slowly, let him walke vp and downe for a good space after, if he can, and when it worketh, in any case there must be great care taken, that the Patient do not sleepe, for soe the operation of y medicine would be stopped.

Also in the time of Purging immoderate heate and cold are to be eschewed, and therefore a very great fier, and the cold & open ayre are both hurtefull, for the body must be kept in a tẽperate heate.

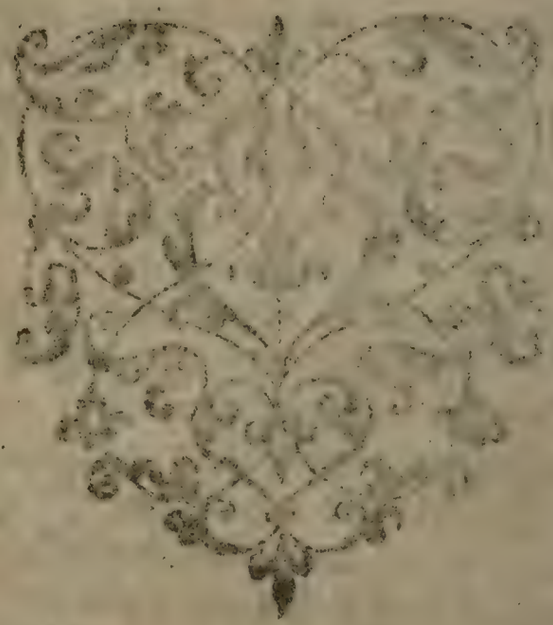
After that the Purgation hath done working, the Patient must be nourished with a meane quantitie of some broth, that will breede good iuice, and be easelie digested, and afterwards by little & litle, returne to his accustomed diet againe.

Thus haue I as briefly as I could, declared the commodities which doe come of bloud-letting and Purging, being wel and duely ministred and vsed, and also of the discommodities that will ensue both of bloud-letting and Purging if they be at any time misused, wishinge all men as they doe tender their health and liues, to beware of those ignorant persons, who doe most commonly vse to open but one kinde of vaine, for all ma-

ner of diseases, and doe occupie but one kinde of Purgation against all humours, not considering at all, the strength and the age of the Patient, neyther the time, nor the chiefe cause of the comminge of the disease whatsoeuer it bee, nor of any other of the circumstances afore named, but let them alwaies seeke for the counsaile and aide of one that is knowne to be skilfull in Phisicke and Chirurgerie, and is circumspect in his doinges.

Who can consider what neede they haue, & what is most meete to be ministred vnto them for ỹ same disease.

(.)



Cap. 1.

¶ An approued Medicine for an Ache or swelling.

TAKE Time, Lauender cotten, Knotty Strawberies, of ech of thē one handfull, then cut them and beate them in a Morter, & when you haue soe done, then take 4. or 5. Swallowes out of a Nesse, being ripe, and beate thē in ý Morter with the Hearbes, vntill you cannot perceiue the feathers, and then take halfe a pounde of fresh Butter vnsalted, and mingle them altogether, and let them stand for the space of 24. houres, then seeth and straine them into a gally pot, or else into some earthen vessell. And so vse it twice a day, in anointing of the place where the griefe is, and in fiue or sixe dayes it will be whole. This hath bene often proued.

Cap. 2.

¶ An other for the same.

TAKE of Sage, & Rue, otherwise called hearb-grace, of ech of them one pounde, and halfe a pound of wormwood, and halfe a pound of Bay leaues, beate them altogether in a Morter: then take three pounde of Sheepes suet, and cut it very smale, and put it to the hearbes, then put it into a Morter, and beate it with the hearbes, vntill ý suet cannot be perceiued: then take it out, and put thereto a

pottle of Sallet oyle, and soe worke them altogether with your handes, vntill such time as they be very well steeped in the Oyle, then keepe it close in an earthen pot, for the space of eight or nine dayes, then seethe it in a brasse pot, with a soste Fire, vntill y strength of the hearbes be gone (to trie it, take a spoonefull of it and put it into a linnen cloth, and so straine it, and if there be any iuice left in it, then is it not boyled to his perfection, but if you find none therein, then is it well boyled, And thus must you proone all good oyntments made with hearbes,) then straine it and annoint the place grieued, often therewith.

Cap. 3.

¶ A present Remedy for an ould Ache.

TAke very strong Aquauitæ, and two spoonefuls of the water of Arstmart, and annoint the place where the Ache is, euery day two or three times, and it will speedily heale it.

Cap. 4.

¶ Another for the same.

TAke Aquacomposita and the oyle of Neates feet luke warme, and annoint the Patient vpon the place of the griefe, laying warme clothes thereon.

Cap. 5.

¶ A Medicine for an Ache, or shrinking of any Sinewes.

Take

TAke the tenderings of Rosemary, & marsh mallowes, by as euen portions as you can gesse, and gather your hearbes when they be drie, from any raine and dewe: Beate them in a morter very small, then take Maio butter well clarified, and put it to the hearbes, and mingle it in a vessell, and then let it stand foure daies, then set it ouer the fier and let it seeth till all the strength of the hearbs be gone, then take a little of it in a spoone, and let it drop vpon your naile, and if it be greene as the Emerauld, it is perfect, and then put it into an earthen pot, and when you will vse it, you must warme it.

Cap. 6.

¶ A perfect Medicine for an ache or Sciatica.

TAKE Oyle of Netes feete and Aqua composita, and mingle them both together, and let the Patient anoint the place where the paine is: then let him take Wooll which is newly plucked from the Sheepes backe, and let him lay it thereupon, & let him wrappe it well with warme clothes.

Cap. 7.

¶ A present remedie for all maner of aches, and bruses in the bones.

TAKE a good quãtitie of Wall-woort, and a certaine quantitie of Balme, and Smallege, and stampe them, then take a pounde of May butter, & temper them very well together, then make them into round balles, and let them lye for the space of eight daies after, and then stampe them

them againe as you did before, then take it and trye it, and straine it, and put it into an earthen pot, and soe vse it, and this will helpe the bruise if it bee neuer soe blacke. Probatum est.

Cap. 8.

¶ An approued Medicine for an ache or swellinge.

TAKE the flowers of Camamill, and Rose-leaues, of eche of them a like quantitie, and seeth them in white wine, and make a plaister therof, and let it be laide as hote as may be suffered to the place greeued, and this will both ease the paine, and asswage the swelling. D. Bartlet.

Cap. 9.

¶ An other for the same.

TAKE a smale quantitie, of oyle de ~ay, & Aquauitæ, and mingle them both together, and let the Patient anoint the place which is greeued and it helpeth him.

Cap. 10.

¶ A soueraigne Medicine for an ache in the shoulder or else where.

TAKE Reisons of the sunne, and Figges, of eche of them a like quantitie, and halfe as much Mustard-seede, and beate them very smale, then take it and grinde it in a Mustard Querne, with the best white wine vineger ý may be had, then take it and spread it vpon a lambes skinne, and lay

lay it to the place greeued, and this will by gods grace help you, Probatum est.

Cap. 11.

¶ A precious Ointement or Oyle, for all maner of Aches or swellinges in the Armes, Knees, Legges, or Feete, being taken with Colde.

TAKE a gallon of Sallet Oyle, and of Sage, Lauender, Southernewood, Wormewood, and Camamill, ech of them a like quantitie, then cut the Hearbes very smale, and put them into the Oyle, & stirre it well together, & let them stand in a bason of Latten, or else some other like thing, for the space of a full moneth (but you must be sure to put as many Hearbes into the Oyle, as will make it very thicke) and soe let it stand vntill the hearbes be rotten, then make a fire of coales, and set the bason thereon, and so let it boyle for the space of three houres, or somewhat more, then take it from the fire, and let it coole somewhat, and when you see that it is but Milke warme or somewhat better, then take a bag made of stronge Canues, & with a staffe, straine out all the substance, as cleane as you may, and then put it into a glasse or gallypot, or else into some earthen vessell, and stoppe it very close, and it will continue in his vertue very longe. This is good for any Wounde or old bruse, and also for the shrinking of any Sinewes, and all maner of sores.

Cap. 12.

¶ An Excellent good and approued Oyntement, for all maner of Aches, Agues, Bruses, Goutes, Cankers, Lamenes, Stitches, or hardenes of the Spleene, and for all maner of paine in the Heade and Eares.

TAKE Sage & Rue, of ech of them one pound, Wormwood, and Bay leaues, of ech of them halfe a pound, of Sheepes suet cleane picked from the skinne, the quantitie of three pound, and a pottle of Oyle oliffe, & choppe the hearbes very smalle, and then stampe them as small as may be, then shredde the suet very fine, and put them altogether, and then stampe the hearbes and the suet, vntill such time, as the suet cannot be perceiued, then take it foorth, and put it, into a faire panne, and put the Oyle therein, and cover it close, and soe let it stand for the space of twelue daies: then take it foorth and breake it with your handes into a brasse panne, and set it vpon a soft fire, and you must be alwaies stirring of it, vntill such time as the hearbes be cracklinge, then take it of and straine it thorough a canues cloth, into an earthen pot, and so keepe it. For those vehement aches, whē you shall lay any of this oyntement vpon the place greeued, you must take Wooll that groweth between the sheeps legs, or else of the longest of the Wooll, & let it be carded in broad flakes, and basted vpon a linnen cloth, and soe keepe that alwaies to it.

Cap. 13.

¶ An approued Medicine for an ach in any of the Huckle bones, Thighes, Armes, Shoulders &c. which commeth by taking of Colde or &c.

TAKE a Kettle of faire running Water, and boyle 3. or fower woodden Dishes therein (which Potage are vsually eaten in) and let them boyle a good space ouer the fire, then take one of the same Dishes, and with a linnen cloth, wipe of the water which is within, and vpon ỹ side of it, then take the same Dishe and wheine it vpon the Joint, Sinew, or place greeued, as hote as it may possiblie be

be suffered, and so keepe it thereon vntill it be cold, then take another of the dishes and doe as afore sayd, and so the third or fourth, and let the partie greeued vse this for a certaine space both morning & euening. And this without all doubt will help him, for this hath holpen many that their sinewes were shrunke vp, but the partie greeued must applie hote Woollen Clothes or else some Lambs-skinne, or the skinne of a Hare, or Conny, to keepe in the heate when he taketh in ỹ dishes from it.

Cap. 14.

¶ A medicine for an ache.

TAKE Persly, and Wormewood, of each of them one handfull, and seeth them in a quart of Ale, with sweete Butter, & wash the place well therewith that akes, and also binde the hearbes to ỹ place as hote it may be suffered.

Cap. 15.

¶ Another medicine for an ache.

TAKE Sowthistle, Chickweede, Elder-leaues, Groũdsell, and Cleauers, of each of them a handfull, dry all these together betwene two tiles, then lay these hearbs to the place where the griefe is, but let the hearbs be washed before it be dried, and this helpeth.

Cap. 16.

¶ For aches and swellinges in the knees.

TAke a quart of Malmsey, & a handfull of Tyme, boyle them together a good space, and whẽ it is halfe boyled, put into it a good peece of newe fresh Butter, and let them boyle together from a Quart to a Pynt, and when

you goe to bedde, bathe your knees therewith, and wette a cloth three or fower times double therein, and lay it to your knees as hote as you can suffer it, and soe let it continue all night, and in this sort let him vse this six or seauen times, & doubtles it will helpe you. This hath been well proued.

Cap. 17.

¶ A very good Medicine for any maner of aching sores.

TAKE the iuice of Smallage, of Sorrell, of Waybred, of eche of them like much: take Hunny, and the white of a newe layde Egge, of either of them a like quantitie also, and mingle all these together till they thicken, let it come neere no fier but all rawe & could, lay it on the sore.

Cap. 18.

¶ A plaister for an Ache.

TAKE stone Pitch, to the quantitie of a tennis ball, a spoonefull of Tarre, a peny worth of Treacle, the quantitye of a tennis ball, of Rosin, & a spoonefull of Hunnye, boyle it ouer the fier in a kettle, and stirre it well together, vntill it be well melted, then take a sheepes skinne that is newe killed, and make holes in it with a bookyn, & spread the fleshye side of the skinne, and lay it to the ache as hote as you may suffer it, for it hath been prooued.

Cap. 19.

¶ An excellent good oyle, for all manner of aches, bruses and straininges of the sinewes.

Take

TAKE a pottle of Neates foote oyle, and a quarte of an Ore gall, a pinte of Aqua-vitæ a pinte of Rose water, Bay leaues, Rosemarie stripped from the stalkes, Strawberie leaues, rootes and stringes, Lauender-cotten, of euerie of these a handfull beate them small, and put them into the foresayd stuffe, & seeth it ouer a fire of coles, in a pan of Two gallons, and at your owne perrill, let not the flame touch the stuffe, let it seeth verie well, and then take it of, & let it stand vntill it be almost could, then straine it through a course linnen cloth, (but not the bottome of the sayd licquor) then put it into a glasse, and so keepe it, and when you are payned, anoynt your place where your griefe commonlye vseth.

Cap. 20.

¶ A soueraigne oyntment for any manner of ache or Swelling.

TAKE two pound of Boares grease, one pound of fresh Butter, & a good quantity of smalage, & malowes, and a good quantitie of oyle of neates feete, then take thē, and stampe them verie well altogether, then frye them, and strayne them in a earthen vessell that is cleane, and when the Patient will vse it, let him anoynt himselfe therewith, before a good fire, and let him take heede that hee doe not take could vpon it.

Cap. 21.

¶ An oyntment for all manner, of Aches.

TAKE a good quantitie of Smalage, and put thereto some Aquauitæ, then straine it, and put thereto a good

quantitie of Boares greace, and temper them verie well together, and let the patient be anoynted therewith both morning and euening before the fire, for the space of 5 or 6 days together if the paine doe continue so long. This hath been well prooued.

Cap. 22.

¶ For an Ague.

TAke of red Sage, of Smalage, of ground Iuie, of Bay Salt, of Plantine leaues, of greene Glasse, of each of these a handfull, and put therein a little Rose vineger to make it moyst, and with a linnen cloth bind it to both the wristes of the Patient. For this hath been an approued medicine.

Cap. 23.

¶ Another for the same.

TAke the grease or fat that is vnder the manes of horses, and melt the same in a newe earthen pot, and straine it into a gallypot or some such thing, and when the Patient feeleth the Ague comming, let the Thine of his Back be anoynted therewith, and within Nine dayes he shall bee hole, keeping in the meane space a reasonable diet.

Cap. 24.

¶ Another for the same.

TAke the yolke of an Egge, and put thereto a quantitye of grosse beaten Pepper, and two sponefull of Aqua-vitæ,

tæ, and drinke it could, and after you haue taken this drinke walke for the space of an houre, and forbeare other drinke as much as possible you may.

Cap. 25.

¶ A verie good medicine for an Ague.

TAKE a handfull of Harts-horne, that groweth in the field, and a handfull of Bay-salt, and beate them both together in a morter and lay this to both your wristes and this will helpe you.

Cap. 26.

¶ Another for the same.

TAKE Bay salte, Smallege, white Frankencense and Plantine leaues, of each of them a handefull, beate them in a Morter vntill they be very smalle, then take them and deuide them into fower partes, and then lay two partes thereof vnto your breastes, and the other two partes to the boughte of your Armes: and an houre before your fitte doth come, then take a pinte of good stale Ale, and seethe it from a quarte, to a pinte, and continually as any froth doth arise, skome it of, then put into it, a crusse of white bread, and let it seeth in the Ale, & whē you perceiue your fit coming, drink it warme, and eate the crusse, you must vse this drinke dueringe all the time of your sickues, for it is very holesome and good.

Cap. 27.

¶ An other for the same,

TAKE three pintes of Ale, Bay leaues, and Red Sage, of each of them one ounce, fine Sugar three ounces, and a spoonefull of Pepper, seeth all these together, in the Ale, from the quantitie aforesayd till it come to a pinte, then take it and straine it through a fine cloth, and let the Patient drinke a good draught of it as hote as hee maye abide to drinke it, a little before his fit commeth.

Cap. 28.

¶ Another for the same.

TAKE a Pinte of Malmsey, and a handfull of May Weede, bruise the May-weede, and put the iuyce thereof into the Malmsey, and let the Patient drinke thereof, as often as he shall thinke good, and this will help him. This is also good against the Plague, and good to comfort nature, being dronke as aforesayd.

Cap. 29.

¶ Another for the same.

TAKE a good quantitie of the blades of Daffadillies, and bruise them, and seeth them in a pinte of Ale, or Wine, and put into it a sponefull of Graines bruised, and let the patient drinke thereof, halfe an hower before his fit doth come, and this will help him.

Cap. 30.

¶ Averie good drinke for an Ague.

Take

TAKE Bay leaues, and Sage leaues, of each of them a like quantitie, then take Bay-berries and bruise them verie grossye, and mingle these all together, and put thē into a quart of White-wine, seeth them for a good space then straine it through a fine cloth, and a little before the fitt commeth let the Patient drinke thereof.

Cap. 31.

¶ An proued medicine for an Ague.

TAKE three quartes of faire Runing water, and put it into an earthen pot, and put thereto a good handfull of Violet leaues, and Flowers, boyle them for the space of a quarter of an houre together, then take it of the fire, and put thereto a sawcerfull of Wheaten branne, and couer the pot a good while, then straine it through a fine linnen cloth, and when it is could put thereto a good quantitie of fine Sugar, then let the partie greeued drinke thereof, both morning and euening fasting, also let him before he eate any meate in the morning eate 6 or 7 Damasins, and at night let him eate rosted Apples with Sugar, & at Dinner let him drinke white wine, with the water aboue sayd mixed. This hath been much prooued.

Cap. 32.

¶ Another for the same.

TAKE a quart of newe Milke, as new as you can get it from the Cowe and seeth it, and when it doth seeth, put into it a good lumpe of Roch Allum, and stirre it vntill it hath a good Curde on it, and when it is verie well Curded, scumme of the curde cleane, and when you haue so done

done, then take the same drinke & drinke it, as often as you thinke conuenient, and as hote as it may possiblie be suffered, but put away the curde for it is not good.

Cap. 33.

¶ An excellent remedie for an Ague.

TAke Burre rootes, and red Nettle crops, & seeth them in stale Ale, and clarifie it, and giue the sicke thereof to drinke, about such time as the could fit beginneth to come, & after the heate be past, when you see that he beginneth to sweate, giue him to drinke Posset-ale made with marigold and Fennell, but see that the Posset-ale bee well clarified: vse this medicine for it will take away the Ague within three or foure fitts at the vttermost.

Cap. 34

¶ Another for the same.

TAke Nettles, Cobwebbs, and Salt, and beate them together in a woodden dish, and lay it to the left arme of the sicke, and it will take away the heate of the Ague.

Cap. 35.

¶ Another for the same.

TAKE a toste of Bread, and speade it ouer with Treacle, and let the patient eate it, before the fit commeth, at the leaste three seuerall times, for the space of iii. dayes, Probatum est. Per Guilielmum Lenthell, Oxon Armig.

¶ An

Cap. 36.

¶ An other present remedie for an Ague.

TAKE two ounces of bay salt, Two ounces of white Frankensence, a handfull of Smalage, beate them altogether & lay them to your wristes of both your hands, and to the bowes of your armes let this be done 2 houres before the fit doth come, this hath been proued.

Cap. 37.

¶ Another for the same.

TAke two or three cloues of Garlike and bruise them, a penywoorth of Aqua-vitæ, halfe a pynt of Ale, and seeth them altogether, and drinke it as hote as you may suffer to drinke it a little before the fit commeth.

Cap. 38.

¶ An other for the same.

TAke Soote, yolkes of Egges, bay salt, and Pepper, and mingle them together, and lay it to the wristes of the Patient, doe this twice a day for the space of Three or Foure daies and it will take away the Ague. For this hath been often proued.

Cap. 39.

¶ An approoued medicine for a burning Ague.

TAke the quantitie of a quart of Running water, and halfe a Dozen of Orenges, and then pill awaye both the vpper rinde, and the white skinne and picke out the Kernels out of them, then take and stirre them, and seeth them in the sayd water, vntill the water be consumed halfe away, then take the quantitie of 4 ounces of Sugar, and boyle it a little space therein. and when you perceiue that it is sodden inought, then straine it and when it is colde, drinke it and so vse it for the space of three dayes, and if neede require vse it oftener, but if your burning bee vehement, when your stomake will serue, stampe some Sorrell & eate the iuyce thereof with your meate, this doe and it will helpe you.

Cap. 40.

¶ Another for the same.

TAke Smalage, Sheapheards-purse, and Liuerwort, of euerie of them a like quantitie, Bay-salt and Frankencence as much as you shall thinke needefull, beate all these together, and lay it vpon a linnen cloth and binde it to the inside of the wriste of your left arme, vse this for the space of 9 dayes together, and it will helpe this disease for it hath been often proued.

Cap. 41.

¶ An excellent remedie for a quotidian Ague.

TAke a quart of stale Ale, a handfull or somewhat more of red Sage, a penywoorth of vnbeaten Pepper, take and boyle these altogether, from a quart to a pynt, & when it is sod clarifie and straine it, and halfe an houre before the fit commeth drinke a good draught thereof and walke ther-

on,

on, and it will presently helpe you. This hath beene often proued.

Cap. 42.

¶ An other for the same.

TAKE Fetherfewe and Smallege, of eyther of them to the quantitie of a good handfull, stampe them both togeather in a Morter vntill such time as they are beaten very smale, and straine it, then take halfe as much as the iuice of the same is, of small Ale, and mingle them together, and then let the Patient drinke the same warme, a litle before such time as his fitte doeth come (that is to say) when he perceiueth any grudging vppon him. This must be vsed three or fower seuerall times at the least, and let the Patiēt goe to bedde, and haue as many clothes layde vppon him, as he is able to beare or suffer, and soe let him bee continually kept, vntill his fitte be ouerpast, and thus in three or fower times doing, he shall be holpen by gods help, This hath been diuers and sundrie times well proued. D. H.

Cap. 43.

¶ A very good Drinke to be vsed for any maner of Ague.

TAKE a quarte of Ale that is not ouer-stronge, and boyle therein a good quantitie of Centorie, and let the Patient drinke it luke warme.

Cap. 44.

¶ An approued Medicine for a tercian ague.

TAKE of Dragon Water, and Aqua composita, ta y quantitie of a quarter of a pinte, of eyther of them, and put thereto a penywoyth of leane Trieacle, and halfe a quarter of an ounce of grose beaten Pepper, warme all these together, & be still stirring it with a knife or els with some other Instrument, and giue it to the Patient to drinke, as hote as he may possible suffer to take it, a litle before the fitt commeth, and let him lye in his bedde and sweate very well. This hath holpen many.

Cap. 45.

¶ A Medicine For a tercian Ague.

TAKE Nine leaues of white stocke Gillieflowers, & fiue or sixe croppes of Rosemarie, and stampe them altogether, and take the iuice thereof and drink it in Ale luke warme, a litie before such time as the fitte doth come.

Cap. 46.

¶ An Excellent Remedie for a Quartaine Ague.

TAKE an Oxe Gall, and as much Aqua composita, and put thereto a quarter of an ounce of Pepper. bruised but a very litle, and two penywoyth of Trieacle, & annointe the handes stomacke & wristes, with the aforesaide thinges, being all mingled together, halfe an houre before y fitte commeth, but let it be laide too, as hote as the Patient may suffer it, and let him sweate well vpon it, and this will speedely helpe him, Probatum est.

Cap. 47.

¶ An

¶ Another for the same.

TAKE Snailes which be in shells, to the quantitie of two handefulls, Bay salte, and Mallowes, of eache one of them a handefull, beate all these together, and lay it to the Soles or bottomes of your feete, before ỳ fit cõmeth.

Cap. 48.

¶ An othet present remedie for a Quartaine Ague, and for the drought that commeth thereof.

TAKE Redde wine and new Milke, of a Cowe that is all of one collour, of ech of them a pottle, then take three or fower handfulls of Mouse-eare, well picked & washed, strippe it into the Wine and Milke, & temper them altogether, & let them stande soe, for the space of one nighte, & then put them into a faire Still, & soe distill them with a soft fier, then take the water and put it into a Glasse, and set it where it may stande in the Sunne, for the space of fiue daies, & let the Patient when he is dyye in his Ague, drinke thereof three or fower times, & he shall be rid of his Ague, and this drinke will quench his thirst if he be neuer soe dyye.

Cap. 49.

¶ A very good Medicine for an Ague.

TAKE a spoonefull of greene Glasse beatẽ to powder, & 3 spoonefulls of Stone honny, a handfull of red Sage, mingle these with a head of Garlicke, & put thereto, as many Cob-webbes as will temper the same: & let it be in bignes, to the quãtitie of an egg shell full in all, & then take the aforesaide thinges and binde them about both the wrists of the Patient, and this will helpe him. Probatum est.

Cap. 50.

¶ A Remedie to take away the drought in an Ague.

TAKE Sorell and Borrage, of each of them a like quãtitie, and a certaine quantitie of Strawberrie leaues, & Violet leaues, boyle them altogether in a pottle of very faire Running water, vntill it be consumed from a pottle to a quarte, then take the Hearbes and straine them, and then take halfe a pound of good Almondes, and blaunch them, & beate and straine them with the saide water, and put Suger therein, and drinke it warme, doe this for the space of fiue or sixe daies, and it will helpe him.

Cap. 51.

¶ An excellent Rule to be obserued in the makinge of Drinke and Pottage, for them that are infected with an ague.

TAKE Bugloſſe Borrage, Endiue, Fennell Rootes, red sage, Lettice, Pruines, Parsly-rootes, greate Reisõs, Sinckefoile, Sorrell, and Succorie, of each of them a like quantitie, and put all these into his pottage, and likewise in Posset ale, and Almond Milke and this is very good.

Cap. 52.

¶ A very good remedie against corrupt ayres wherein the agues are first engendred and gotten.

TAKE Bettony, Centory and Egremony, of each of them one handefull, then take them, and stampe them and straine them with ale, and with a Liquorice sticke bruſed, and then boile it, and clarifie it very well, and make it pleasant with Suger, and drinke thereof, euery morninge luke warme 3. spoonefulls, for the space of 3. or 4. daies, & it will preserue one from all corrupt aires and infection.

Cap. 53.

Cap. 53.

¶ An approued Medicine to coole the heate of the Backe, and also to cure the disease called Gomoria Passio.

TAKE Water-cressets, and Colombines, of each of them a good quantitie, and seeth them in Cow Milke, and if it be for a man, thē let it be the female Cresset, and if it be for a woman, then take ỹ Male Cresset, and whē ỹ herbs are well boyled in the Milke, then take it from the fire, and let the Patient eate thereof, with a litle white Breade therein, and let him drinke it also both Morning and evening, for a certaine space, and by gods grace it will helpe him. Probatum est.

Cap. 54.

¶ A Soueraigne Medicine for the weaknes of the Backe.

TAKE Daisie rootes, plantine, Bursa pastoris, Centūmodie, croppes of Acornes, of ech of them a handfull, & as much of Bole armoniacke, and the powder of a Harts horne, then take a Bucke Cony that is fatte, and boyle all these together in white wine, and water, and let the water & the wine be of equall portions, and let them boyle vntill the flesh of the Conny be seperated from the bones, then take ỹ Conny and the other stuffe out of the broath, and straine the broath into a cleane vessell, and les it stande vntill it be tur-

nedto a Jellye, and when you are in your bedde, cause your Backe to be anointed therewith, by a Chasing-dish of coles, for the space of three Nightes together, & lay thereon a linnen cloth warme (but in any wise chafe not your backe ouer much) and this will helpe you. Probatum est.

Cap. 55.

¶ An other for the same.

TAKE fower or fiue Cape Dates, and peele them very cleane, and let them be stamped small in a Morter, and put vnto them the Yolke of a new laide Egge, and the quantitie of a quarter of a pinte of Muskadine, and let the Patient drinke thereof both Morninge and Euening, and it will helpe him.

Cap. 56.

¶ A present remedie for a heate and paine in the Backe.

TAKE Rose-leaues and Rose-water, of ech of them a like quantitie, & put thereto as much Saunders, as you shall thinke good, and let them be steeped in your Rose-water, for the space of 24. houres, then washe your Back as often as you can cõueniẽtly euery day, for ỹ space of sixe or seauen daies, and this will both asswage the paine, and take away the heate, and much comforte the Raines.

Cap. 57.

¶ Another medicine for the paine in the Backe.

Take

TAke Sage, Rose-mary, Camamill, & Maudlyn, of eth of these a handful then stampe them altogether in a morter, or other stone vessell, and let it be fryed with May Butter, and anoint your backe with it warme, but in any case beware of taking cold thereon.

Cap. 58.

¶ A medicine to clense the backe and purge the reines.

TAKE 2 Parsly rootes, & picke out the pithes of them, and a Fennell roote, and put to it Pellitory of ỹ wall, & wash them cleane, & boyle them in Posset-ale, & drinke thereof when you goe to bed, and as often as you wake euery night doe the like.

Cap. 59.

¶ A good medicine for the reines of the backe.

TAke halfe an ounce of Venice Turpentine, and let it be very well washed in Plantine water, or in Rose-water, and then mixe it with fine white Sugar, and make thereof 4 or fiue balles, of the which you must eate thre in a morning fasting, and dayly drinke a litle white-wine, or rennish wine ymmediatly after.

Cap. 60.

¶ An excellent good medicine for the weaknes in the Backe, and also to restore nature.

TAke a quart of Sacke, a top of Rosemary, Succory, Peny-royall, of eth a like quantitie, Ginger & Nutmeggs, as much as will burne the wine, thē take 2 newe layde Egges, yolkes & all, & temper them with 3 or 4 spoonfulls of Red-rose-water, & put thereto a good peece of fine Sugar, thē take the burnt sacke, & burne it againe with the eggs, & put into it a litle Mace, & it will be in maner of a caudle, thē put to it some salet oyle, & mixe it with the burnt sacke, & let the patient drinke this thrise a day, (that is to say in ỹ morning

after dinner, and when you goe to bedde, and this will helpe you in a shoꝛt space, foꝛ it hath beene pꝛoued.

Cap. 61

¶ A very good Medicine to strengthen the backe.

TAKE a quarte of Ale, & three oꝛ fower whole Maces, and as many Dates the the stones picked out, & the Pith also, then take a good handefull of the toppes of Rosemarie, and let all these be boyled together, vntill it be consumed from a quarte to a pinte, then take the Oyle of two oꝛ three new laide Eggs, and take of the rinde that is aboute the yolkes, and then put the yolkes into the Ale, & boyle them well together, and stirre them, and soe let the Patiēt dꝛink hereof, both Moꝛning and Euening, foꝛ the space of fiue oꝛ six daies, and this will strengthē his backe marueious much, Probatum est.

Cap. 62.

¶ A Medicine for the heate of the backe.

TAKE Vnguentum frigidum Galeni, ℥ iii. and spread this Oyntement vpon a fine lynnen cloth, but you must first dippe it in Rose-water, and then warme it against the fire, and lay it vppon the Kidneies, and when it waxeth hotte take it of, and lay it to an other place

Cap. 63.

¶ An other for the same.

Take the water of Plantine, distilled, oꝛ els the iuice there-

of, and put to the leaues, and the leaues of Red-roses distilled, and also the water of Red-roses, and the water of Red-rose vineger, then put all these together into an earthen pot, and put into the water, a fine linnen cloth to steepe, then take it forth againe, and with a fewe leaues of a Red-rose-cake, lay it to the backe of the Patient, and when it waxeth hote, vse another cloth dipped therein, as aforesayde. This hath been often prooued by Doctor Huicke.

Cap. 64.

¶ A verie good medicine for one that hath a weake Backe.

TAKE fiue, or six croppes of red Neepe, and two spoonefull of Archangell flowers, and shread verie fine, then take two or three new layde Egges, and temper al these thinges together, then take a little sweete butter, (that is but litle salted,) and make three or foure fritters, and lett them be fryed in some litle earthen pan, and let the Patient eate them, without eyther bread or salt, but onely with a litle fine Sugar strawed vppon them. This hath been proued.

Cap. 65.

¶ A verie good plaister to ease any paine or cricke in the Backe.

TAKE white Archangell flowers and leaues a good quantitie, and of Cumfrey leaues and rootes, 1 ounce of Plantine and Bursa Pastoris, Ana 1 ounce beate them al together verie fine, and put to them a spoonefull of Honny, and then frye them in a frying Panne, and

deuide it into fower partes, and make of euery parte thereof, a Plaister, and so lay to the backe of the Patiēt euery night when he goeth to bedde, one of them, and by gods grace this will speadely helpe him.

Cap. 66.

¶ A very good Oyntement for the backe.

TAKE fower ounces of Vnguentum frigidum Galeni, and an ounce of the iuice of Houseleeke, two dramms of Mirtle, and as much of burned Leade, & one dramme of Camphire, halfe a dramme of Red-rose leaues, and as much red Currall, and according to arte, make all these into an Oyntement, in a Morter of lead or Stone, and let the Patient annointe his backe often therewith. Probatum est.

Cap. 67.

¶ A very good restoratiue for the backe.

TAKE a quarte of stale Ale, halfe a handefull of Germaunder, a handefull of Clarie, a handfull of vnset Hisop, a handefull of vnset Time, one braunch of Rosemarie, a good quātitie of english Saffron, a dishe of sweete Butter, and a good peece of Suger, then boyle all these together, vntill the one halfe be consumed, then straine it, and let the Patient take it both Morning and Euening, and this will helpe him. This hath beene proued.

Cap. 68.

¶ An other good restoratiue for the backe.

Take

TAKE new Milke and set it one the fire, & when you see that it is readie to seeth, take the quantitie of a Nut of Roch Allum, and stampe it small, and put it into ỹ Milke, and stirre it with a spoone, and couer it close, & when the Curde doth arise, take it of, and let the Patient drinke thereof morning and euening, for ỹ space of fiue or six daies together, and it helpeth him very much.

Cap. 69.

¶ An other for the same.

TAKE a quarte of Goates Milke if it may be gotten, if not, then take a quarte of Cowe Milke which is new, & a handfull of Otemeale, & a good deale of the Pith of an Oxe backe, & stampe them together, & put them into the Milke, and when it is sodden straine it through a fine linnen cloth, and let the Patient drinke it Morninge and Eueninge and this will helpe him. Probatum est.

This is also good for them that are in a Consumption.

Cap. 70.

¶ A good Medicine for the Raines of a mans backe.

TAKE Aquauitæ, & put therein, a litle Hempe-seede finely beatẽ, & let it soke in the Aqua-vitæ 7 or 8 daies together, then straine it, & let ỹ Patient drinke it, & it will helpe him. Yf you cãnot get Aqua-vitæ, thẽ take good white wine, or else stale Ale, any of these will serue.

Cap. 71.

¶ A good Medicine for the weakenes of the backe.

TAKE a pinte of Claret wine, and put therein a good quantitie of fine Suger, and Red-rose water, Bugloſſe water, and Borrage water, of euery one of them a good quantitie, and mingle them together, and let the Patient drinke two or three good draughtes thereof, and a litle Diasaturion, This is a very comfortable Drinke to coole the Stomacke and the Raines, and it will ſtrengthen the backe very much.

Cap. 72.

¶ A Marueilous good Oyntement for the backe.

TAKE fower ounces of Vnguentum frigidum Galeni, an ounce of the iuice of Houſſeke, two drams of Mirtle, and as much of burned Lead, one dram of Camphire, halfe a dram of Red-roſe leaues, and as much red Currall, and according to Arte, make theſe into an Oyntement, in a Morter of Leade, and when the partie greeued will vſe it let him annoint himſelfe before the fire, and this will preſently helpe him.

Cap. 73.

¶ A Medicine for the heate of the Raines, and to auoide bliſtering in the mouth.

TAKE Liuerwoort, Sorell, Balme, and Succory, Ana, one ounce and ſeeth theſe in quart of Whay, hauing been well clarified, and let the Patient Drinke halfe a pynt thereof at the leaſt, euery morning. Probatum eſt.

Cap. 74.

¶ A

¶ A present remedie to stay the running of the Raynes.

TAKE a good quantity of Otemeale, and beate it verie smale, and put it into a quart of new milke, & seeth it, and put therein a good quantitie of Sugar, and whē it is wel boyled, straine it, and let the Patient eate the milk, and this will helpe him without all doubt.

Cap. 75.

¶ A present remedie to helpe the running of the Raynes.

TAke Venice Turpentine, and wash it cleane, in these waters following, Viz. in Plantine water, in Red-rose water, and in water of Licquorice, and when you haue washed it verie well, then take the Turpentine, and seeth it with as much white Masticke, & when it is sodden inough it will breake to a powder, it is easily perceiued vppon a knives poynt, then take halfe an ounce of Nutmegs beaten to pouder, & put to it the like quantitie of the pouder of Venice Turpentine, and halfe an ounce of white Sugar, and mingle them verie well together, then let the Patient put a quantitie of this pouder into an Egge or two which must bee but reare rosted, and so let him supp it of, and let him eate nothing for the space of an houre after, but if hee eate twoo or three of these Egges euerie morning so dressed, it will bee the better, vntill such time as he be whole, & then let him drink halfe an ounce of Red-rose water, & halfe an ounce of Plantine water, after such time as he hath eaten his last Egge.

Note that hee must eate Two of these Egges aforesayde in his bed before hee doe arise in the morning, and the third

one houre after that he is risen vp out of his bedde, and after the space of one houre more, he must drinke the water aboue-saide, and then he must walke a good while after it.

Cap. 76.

¶ Another for the same.

TAKE a quãtitie of ỳ Stones of the rootes of Stock-flowers, (viz) Diasaturion, and the rootes that lye like beades in barren groundes, and preserue them as you doe Cherries, or other thinges, then make a Caudle of Muscadine, and boyle the same rootes therein, with a Nutmegge grated, and a litle white Mastick, then let the partie greued eate of the rootes, and drinke of the same Caudle, of Muscadine, and this will presently helpe him.

Cap. 77.

¶ Another for the same.

TAKE two new laide Eggs, & put the whites of them awaye cleane, and set them in the fire, vntill they bee bloud warme, then take halfe a Nutmegge, & a good peece of Suger Candie, & a pretty quantitie of Currall finely beaten to powder, then take a litle Cinamon & Amber, of ech of them a like quãtitie, & mixe all these together, & put them into the Egge, and let the Patient suppe it of, or else let him tosse a peece or two of fine white breade, and powre thereon the yolkes of the eggs, and then straw the aforesaid powder vppon it, and so eate it, and this will presently helpe him, This hath beene proued.

Cap. 78.

¶ An

¶ Another mãruelous good remedie for the runninge of the Raines.

TAKE three Kernells of Pistia, which are not old, then take a dzame of cleare Mastick, and a dzame of Mirre, and three scruples of Camphire, of ỹ Cuppes of Acorns and yellow Amber, of ech of them a like quantitie, & let the Patient vse this first with a quantitie of Uenice Turpentine, cleane washed in Plantine water, & afterwardes in the yolke of an Egge, which is reare rosted: But if the cause be hote, then take three dzams of Bole armoniack, and put it thereto, Probatum est.

Cap. 79.

¶ An Excellent good and an approued Medicine, for the running of the Raines.

TAKE May-weede, Plantine, Neepe, Claric, Balme, and Dayse rootes, of ech of them a good handefull, and boyle them all in a quarte of pure Malmesie, and boyle it vntill the one halfe be consumed, & let the Patient dzinke thereof Mozning & Euening, and this will stay the Runing of the Raines, although ỹ Patient hath bene long troubled therewith, This hath beene often proued. D. L.

Cap. 80.

¶ An other present remedie for the runninge of the Raines.

TAKE a good quantitie of Uenice Turpentine, and a Nutmegge or two beaten small, and a good quãtitie of Cinamon ground to powder, then take fiue or six Date Stones, & grind thẽ also vntill they be come to a fine powder, and

and mixe all these verie well together, and then make it into bullets pellet like, and wrape it in white Sugar, and let ỳ Patient swallow downe three or foure of these pellets every morning next his hart, and let him walke halfe an houre after it, before he doe either eate or drinke, and it will speedily helpe him. Probatum est.

Cap. 81.

¶ Another principall medicine for the ruining of the Raines.

TAke a shiue of fine Manchet, and tost it at the fier vntill it be browne one both sides, then take Two newe layd Egges, and deuide the whites from the yolkes as cleane as you can, then take the two yolks, and spread them vpon the tost of bread, then take two penyworth of white Sugar Candie, and beate it verie small in a morter, and strawe it vpon the yolkes of the Egges, as they lye vpon the toste, and let the Patient eate it in the morning fasting, and let him fast an houre or two after he hath taken it, and so let him continue this for the space of fiue or six mornings together, and by Gods grace it will helpe him, although he hath been greeued therewith 7 yeares before. Probatum est. Per maister Iames.

Cap. 82.

¶ Another medicine for the same.

TAke a tost of fine Manchet, and tost it on both the sides, and strawe vpon it Sugar Candie, Nutmegs, Amber, and Currall, of each of them equall portions, being all finely beaten into pouder, & a little grated Sinamon, mingle all these together, and strawe vppon the tosted bread and let

the

the Patient eate this fasting euery Morning, for the space of three or fower daies together, and by gods helpe he shall be cured. This hath holpen many that haue been sore trowbled with this disease.

Cap. 83.

¶ Another for the same.

TAKE Pellitorie of the wall, Wilde Time, and Pasly, of ech of them a good handefull, & boyle them in a quart of stronge Ale, and let it boyle, vntill the one halfe bee consumed, and let the partie greeued drink the quantitie of halfe a pinte thereof at a time, euery Morning and Euening for the space of Nine or tenne daies together, & it helpeth.

Cap. 84.

¶ A very good water to washe the Yarde, of one that hath lately had the running of the raines, and hath beene cured thereof.

TAKE Woodbinde, Daysies and Plantine leaues, of ech of them three good handefulls, and a good quantitie of the best english Honny that you can get, and a peece of Roch Allum as bigge as a Wallnut, then put all these together, in a quart of faire running water, and a good quantitie of Red-rose Water, and boyle them in an earthen pot, or Pipkin, and let it be close couered, for the space of halfe an houre, and then straine it through a fine linnen cloth, and then take of this water being luke warme, & with a searinge squirte it vp into the Yarde of the Patient, and let the Pipe be put in, an inch or somewhat more, and let it be alwaies very stronglye spouted vp, whereby the Water may goe be-

Ponde the sore place, and se vse it euery day three times for the space of one whole Moneth together, and then he shall be quite sound from this disease for euer after.

Cap. 85.

¶ An other easie Medicine to helpe the runninge of the Raines, and also to scoure the Yarde.

TAKE Plantine water, and Wood-binde water, and mingle them both together, and with a searing, let the Partie greeued squirte himselfe as aboue saide, both Morning and Euening, and as often as he shall thinke good and doubtles this will helpe him. Probatum est.

Cap. 86.

¶ A Medicine to take away the paine or gripinge in the Belly.

TAKE Sothernwood, and lay it against ỹ place on the contrary side where the paine is, and it will driue it out: and if it be laide to the Nauill of the Patient, it will take the paine cleane away, This hath holpen many.

Cap. 87.

¶ A very good Medicine for one that is hard bounde in the Belly.

TAKE a good quantitie of Hempe-seede, and seeth it in faire running Water, and when it is well sodden straine

straine it thorough a fine cloth, and let the Patient drinke a good draught thereof when he goeth to bedde, and this will make him Laxatiue, For it hath beene proued.

Cap. 88.

¶ An approued Medicine for a Laske or losenes in the belly.

TAKE Aquacomposita, and a new layde Egge, and boyle the Aquacomposita with the Egge, vntill such time as it be drye, then take Suger and Cinamon, of eche of them a like quantie, and let the Patient eate it with ỳ Egge, and this will helpe him. probatum est.

Cap. 89.

¶ A very good Medicine for any maner of Byle, Fellyne or vncome.

TAKE Smallege, Rue, and red Sage, of ech of them a handefull, and a peece of Wheaten Leuen, and a quantitie of the groundes of stronge Ale, and mingle all these together, and make a Plaister thereof, and let the Patient applie it oftentimes to the place greued, and this will presently helpe him, For this hath holpē them that were in greate ieopardie to haue lost a ioynte thereby. T. H.

Cap. 91.

¶ An other for the same.

TAKE Red Sage, and Rue, of ech of them a like qaātitie, and choppe them very small, then take groundes of stronge Ale, and a good peece of browne Leuen, & a fewe Crumes of browne bread, and mingle them all together, and put them into the saide, groundes of Ale, then seeth it vntill it be thicke, and then make a Plaister thereof, and lay it warme to the sore place, and you shall finde great ease thereby Probatumest.

Cap. 92.

¶ An other Medicine for a Fellyn or Vncome.

TAKE a good quantitie of sower Leuen, and crume it into a litle Pypkinne, then take halfe a peny dishe of

sweete butter, and sower or fiue spoonefulls of Rose vineger, the leaues and all, and boyle them altogether, and lay it to the place greeued, as hote as it may be suffered, and this will speedely helpe it, for it hath beene often proued.

Cap. 93.

¶ An other for the same.

TAKE to the number of xx. Garden Snailes, & beate them shells & all in a Morter, vntill you see them come to a Salue, then spread a litle thereof, vppon a linnen cloth, & lay it to y sore, and when one Plaister is drye, then applye an other to the place againe, & it will kyll the felline, & it will both heale it and drawe it, Probatum est.

Cap. 94.

¶ An other for the same.

TAKE Rue otherwise called Hearbe grace, and let it be gathered in March, and white woortes, of ech of thē a like quantitie, then take Rusty Bacon, a litle Butter, and a house Snaile, and mingle them very well together, and make a Plaister thereof, and lay it to the sore, and this will helpe him.

Cap. 95.

¶ An other for the same.

TAKE Red Sage, Rue, Snailes, Bay Salte, & Bacon, of euery of them, what quantitie you shall thinke good, and then temper and beate them well together, and

then lay it to the Fellyn, and this will presently helpe you. Probatum est.

Cap. 97.

¶ Another for the same.

TAKE red Sage, Rue, and Housleeke of eche of them an ounce, wash them altogether, and drye out the water, with a cleane cloth, and choppe them very small, then take the quantitie of a Tennis ball of sower Leuen, & two spoonefulls of Tarre, and a spoonefull of blacke sope, then stampe them altogether in a woodden Dish, with a Pestle of wood, and make a Plaister of it, and lay it an Inche thicke vppon a peece of linnen cloth, or else vpon a peece of leather, and euery Morning & Euening, apply it to the sore, and this will both drawe it and heale it. This is also good for any maner of Byle Fellyn or vncome.

Cap. 98.

¶ An Excellent good and approued Medicine for any Fellyn, old sore, or any other maner of Vncome whatsoeuer.

TAKE a quarte of Ale, and put therein a race of Ginger, beaten to powder, and seeth ỳ Ale, vntill such time as the Ale be halfe consumed away, then put into it a good peece of Suger, to the quantitie of a quarter of a pound, or somewhat more, then take it from the fire and let it coole, then take a fine linnen cloth and then put the thinges aforesaid into it and then let them soke well, and soe lay it vppon the place greeued, and this will helpe it, if it be neuer so sore, Probatum est. per M. L.

Cap. 99.

Cap. 99.

¶ An other for the same.

TAKE fine Wheate Flower boulted, and temper it very well with white Wine, & boyle it vntill such time as it be thicke, then take it and lay it vpon the sore, as hote as you can suffer it, and this will both open the hole, and drawe out the venome or filth, and ease the Akinge, & it will also close and heale it vp againe, & for wante of white wine, you may take eyther Ale or Beere. This Medicine will also heale the pricking of any Thorne or Needle in any ioynte, & yf the hole be neuer so close stopped vp againe.

Cap. 100.

¶ An Excellent good Medicine for any maner of Biles, Whiteblowes, Fellyns or Vncomes.

TAKE Bores grease, Wheaten Flower, Sage, & May butter, and stampe them in a Morter altogether, and make a Plaister thereof, and lay it to the place which is greeued, and it will both ripen it and drawe it, and if you doe frye it in a fryinge Panne, it will worke much more the better. Probatum est.

Cap. 101.

¶ An other Experienced Medicine for to ripen any Byles, Whiteblowes, Fellyns, or any other Vncomes whatsoeuer.

TAKE a pinte of sweete Milke, and put thereunto, a good quantitie of Sheepes suet, and cut and shredde it very small, then take a handefull or two of Otemeale beaten very small, then set it ouer the fire, and seeth it vntill it wax thicke, so that you may spread it vpon a faire linnen cloth, and lay it to the sore, as hote as euer you can possibly suffer it, and this will quickly ripen it and breake it, without any greate paine, and when it is broken, then lay a litle Turpentine vppon a peece of whit Leather, and pricke it full of holes, and it will both draw and heale the sore, This hath beene often proued.

Cap. 102.

¶ An Excellent good Medicine to purge the Bladder of one that cannot Pisse.

TAKE Parslye, Red Fennell, the rootes of Elisaunders, the rootes and leaues of Hartes-toung, and a quantitie of Mayden heare, of ech of them a like quantitie, and seeth them in white Wine, & then straine it and giue it to the Partie greeued, to drinke first and last, and it will purge the Bladder, in a shorte time. Probatum est.

Cap. 103.

¶ An other for the same.

TAKE Rue, otherwise called Hearbe grace, Gromel and Parslie, of ech of them a like quantitie, and stampe them very well together, and temper them with white Wine, and giue it to the Patient luke warme, and this will helpe him.

Cap. 104.

¶ An other for the same.

TAKE Berries of Iuy, and beate them into powder, and put it into White wine, or else into stale Ale, and let ỳ Patient drinke it as hote as he is able to suffer it, and it will doe him much good, Probatum est.

Cap. 105.

¶ A very good Medicine to cause one to make Water that cannot, & also against the Stone.

TAKE a New laide Egge, and in the greatest ende thereof, make a hole, and take out both the Yolke, and the white of it, and lay the hole of the same Egg, downwardes, vppon a hote Bricke-stone, and soe let it remaine, vntill it be well purged, soe that you may make pouder thereof, then take it and drinke it with White wine, twice euery day first and last, and it will helpe you. M. Rose.

Cap. 106.

¶ An other for the same.

TAKE a quarte of very stronge Ale, and set it vppon the fire, then take a good handefull of Time, and binde it vp very fast into a litle bunch, and soe seethe it in the Ale, vntill such time as you doe perceiue the strengthe thereof to be cleane gone into the Ale, and let the Partie greeued drinke a good draughte theereof euery day both in the Morninge and Eueninge, for the space of fiue or sixe dayes toge-

ther, and it will helpe him. Probatum est.

Cap. 107.

¶ An other for the same.

TAke a good quantitie of the seedes of red Nettles, and put them eyther into your Ale, or else into your Pottage, and so drinke or eate often thereof, and this will helpe you presently. R. Cox, This is also good against the Stranguarie.

Cap. 108.

¶ A medicine for one that cannot pisse.

TAke a flint stone, and lay it in the fier, and there let it remaine vntill it be red hotte, and then put it into the Ale that the partie grieued doth drink and then let him drinke a good draught thereof whilest it is warme, and hee shall finde marueilous great ease thereby.

Cap. 109.

¶ An other for the same.

TAke a quarter of a handfull of Parsly, and as much red Fennell, and wash and shredde them verie small, & put them into a cup of stale Ale, and make a posset therwith, and drinke the Ale and it helpeth.

Cap. 110.

¶ An other medicine for one that pisseth Bloud.

Take

TAke Bursa Pastoris, Parsly-seede, and Ambros, of each of them a handfull, stampe them altogether, & soke them verie well with Goates milke, and then straine it thorough a fine linnen cloth and giue it to the Patient to drinke and this will helpe him. Probatum est.

Cap. 111.

¶ verie good medicine to cause one to pisse that cannot.

TAke a verye good quantitie of the best English Saffron, that you can possiblye get, and beate it into fine powder, and then take the like quantitie of pure Black Sope, and mingle them both verie well together, and spreade them vppon the fleshye side of a peece of fine Sheepes leather, and then laye it vpon the Nauill of the partie greeued, and it will procure Urine within one houre, or a little more. Probatum est per I. I.

Cap. 112.

¶ A medicine to prouoke vrine.

TAke a good handfull of red Nettle rootes, & seeth them in a quart of good Ale, and let them seeth vntill the one halfe thereof be consumed then put into it halfe a Two-Peny-dish of sweete Butter, and let it be cleane skommed, before such time as the Butter bee put into it, and also seethe therein a verye good Quantitye of Elisaunder

seedes, Parslie seedes, and Gromell seedes, being all very well beaten into a fine powder, and then straine this through a fine linnen cloth, and let all these thinges aforesaide, be of equall porcions, and let the Patient vse to drinke often therof, and especially first and last, and this will helpe him without all doubt.

Cap. 113.

¶ An other for the same.

TAKE three quartes of Ale, and seeth it, and let it be three or fower times skommed, then put into it Rosemarie, Time and Peny-royal, of eth of them one handfull, and let them boyle altogether, vntill such time as one quarter thereof be consumed, or somewhat more, then take it and straine the hearbes from the Ale, and let the Patient drinke a good draught of the Ale, luke warme, euery Morning and Euening, and this will ease him very much,

This is also good against the Stone, and it hath been very well proued.

Cap. 114.

¶ A very good Medicine to cause one to pisse that cannot.

TAKE Horse-dounge out of the stable, new Butter & Aqua-vitæ, of eth of them equall porcions, & frye them all together, and make thereof a Plaister, and applye it to the patient, from the Nauill, to the Fundament, as hote as euer he may possiblie suffer it: But let not the Patient be afraide, although it cause bloud to issue foorth, for such is the nature of the Medicine, Also it causeth the Stone speadily to auoide. Probatum est.

Cap. 115.

¶ An other Medicine to prouoke Vrine very speadely.

TAKE Betony, that groweth in Woodes, both roots and leaues, wash them very cleane, and then put them to dryye into an Ouen, in a Siue, or else some other like thinge, and let it be in an Ouen where browne breade hath beene newly drawne foorth of it, then take the leaues and rootes aforesayde, out of the Ouen, and beate them into pouder, and let the Patient vse halfe a sponefull of the same pouder eyther in White Wine, Posset drinke, Pottage, or else into your ordinarie drinke.

Cap. 116.

¶ A Medicine to heale a Canker vpon the Yarde.

TAKE an ounce of Roch Allum, and halfe an ounce of Verdygrease, and mingle it with Smithes water, & and put them all together, into some vessell of glasse, & boyle it, for the space of two houres together, then straine it, and vse it as you see occasion.

Cap. 117.

¶ A very good Medicine for the swellinge of the Yarde or Coddes.

TAKE the Water of Egrimony distilled, & put thereto a good quantitie of Roch Allum, and set them ouer ỹ fire to soke, vntill they are ready to boyle, then take a

fine linnen cloth, and annoint the Yarde vnder the skinne, with the same Water, and let it be warme when you doe vse it, and it will abate the extreame paine of the Yarde, & also of the Coddes, if they be washed with the same.

Also to incarnate the skinne, of the Yarde within, take ỹ water of Fumitorie, & lay a quantitie of Licquorice, which is pared, to steepe therein, for the space of one Night, & then put of the same water, into the Yarde with a spunge, or else with a Tente, made of Linnen cloth.

Cap. 118.

¶ An Excellent good remedie for the burning & intollerable heate of Vrine.

TAKE the seedes of Purslane, the seedes of Lettice, the seedes of Endiue, the seedes of white poppie, of eche of them two ounces, then take the weyghte of halfe a dramme of Henbane seedes, and two ounces of Saffron, fiue dramms of Licquorice, x. drammes of Pine-Apple Kernells, two ounces of Sebastian, the quantitie of six poundes of faire springinge Water, Mingle all these very well together, and boyle them vntill such time, as the full thyrde parte thereof, bee consumed, then take it and straine it, and let the Partie greeued, take euery Morninge one ounce thereof, & mingle it with one ounce of of the iuice of Violets, and let him vse it for the space of three daies together, and the fowrthe day you shall see marueilous straunge varieties in ỹ Vrine, This hath beene very well proued.

Cap. 119.

¶ A

¶ A Maruelous good Water for to breake the Stone in the Bladder.

TAKE Two Pintes of the iuyce of Saxifrage, of Grommell and of the iuyce of Parsly, of eyther of them one Pinte, and of the best Vineger that is made of a pleasant wine, the quantitie of 8 or 9 ounces, distill all these together, and put the distilled water into some glasse which hath a narrowe mouth, and let the Patient take an ounce of it in the Morning, an other at Noone, and as much when he goeth to bed, and this will helpe him. This hath been truely proued.

Cap. 120.

¶ A marueilous good drinke to clense the Bladder which must bee drunke after the stone is disperced, and to cause it to be done away by Shieuers.

TAKE Rose-marie, and wild Time, of each of them a handfull, seeth them in a quart of raine water, and let it seeth vntill the one halfe thereof be consumed, then put into it as much Suger as will make it sweete, and let the partie greened vse to drink often of it, vntill hee doe perceiue his water to be cleare, and vnlesse his water be thick, let him not drinke thereof.

¶ A good Medicine to helpe the ſwellinge of the Yarde.

TAKE Waxe and Oyle, and the iuice of Purſlane, and mingle them all together, and ſoe lay it to the Yarde, that is ſwollen, and this will helpe it.

MANY thinges moze, might haue beene heare ſpoken of, as concerning all ſuch diſeaſes as come of the Bladder, as the Sone and ſuch like &c. but as concerning ẏ ſtone it ſelfe, Looke in the Title of Collick and Stone, and therein you ſhall finde thinges aunſwearable to expectation, Therefoze I will now omitt to ſpeake any moze at this time of the Bladder, hopeing that there is none that doe take vppon them the pzactiſe either of Phiſicke oz Ceirurgery, but are of themſelues ſufficiently enough to iudge thereof, and to miniſter apt Medicines foz it, & foz thoſe that are vnſkillfull in the Sciences afozeſaide, I woulde wiſhe them to haue a greate care & reſpect, to ẏ Medicines that they do miniſter foz diuers diſeaſes comming of the Bladder, & they not knowing the cauſes thereof, wherein yf they be not ſkillfull, they doe very much hurte, Therefore I would wiſh them firſt to learne of thoſe which are ſkilfull, befoze they attempt any ſuch thinge themſelues, & to knowe perfectly the pzincipall cauſe of the diſeaſe, whereby they may moze eaſily of themſelues afterwardes, Miniſter Medicines accozdingly, & as they haue occaſion, & not any way pzeiudice oz hurte the Partie greeued any thing at all, but purchaſe to them ſelues euerlaſting fame

Cap.

Cap. 122.

¶ A very good Medicine to staunch bloud.

TAKE White wine Vineger, of the best that may be had, and the Water of Plantine, of ech of them the quantitie of two pounds, and mingle them together, then take diuers lynnen clothes, and wette them therein, and then lay some to the soles of the feete of the partie greeued, and some against the Liuer, and some to the Paime of his handes, and this will staunch the bloude foorthwith. For this hath beene truely proued.

Cap. 123.

¶ An other Medicine to staunch the bleeding at the Nose.

TAKE Inckle, and binde the partie that bleedeth about the Temples of the Heade very harde, and knit the Knot thereof in the Necke, and this will presently staunche the bleedinge.

Cap. 124.

¶ An Excellent remedie for to ſtaunch the bleeding at the Noſe, yt bleede neuer ſoe freſhlie.

TAKE an egge and breake it one the top, that all the white and yolke may iſſue cleane ooyth of it, then fill ẏ egge-ſhel with the blood of the partie, that doth bleed, an dput it in the fire, & there let it remaine vntill it be harde then burne it to aſhes, and it ſtaunceth the bleeding.

Cap. 125.

¶ A ſinguler medicine for to ſtaunch the bleeding at the noſe.

TAKE a linnen cloth, and wet in vineger and wrap it about the priuie members of the patient & hee ſhall ceaſe bleeding. Quod probatum eſt per Iohannem Linſell clericum Maieſtri Anthonij Bronwne in Eſſex.

Cap. 126.

¶ Another for the ſame.

TAKE Centory, greene Rue, and red Fennell, ſtampe all theſe together and ſtraine them and drinke them warme, and this will ſtoppe any manner of wound cut, bruiſe, or otherwiſe hurt.

Cap. 127.

Anothe

¶ Another for the ſame.

TAKE Burſa paſtoris, Iſope, and Plantine, of each of theſe a like quantitie, and bruiſe them in a mortar, and warme them as hot as you can againſt the fire, and lay them to the noſe of him that bleedeth, and bind ſome of the hearbes to the Temples of his head as hot as hee can ſuffer them.

Cap. 128.

¶ Another for the ſame.

TAKE an old linnen cloth, and wet it wel in vineger, then burne it to pouder, then take the pouder thereof, and if it be a wound caſt it therein, and it will ſtop the bleeding immediately, but if the noſe bleede then ſnuffe the aforeſaid pouder into thy noſe, and it will ceaſe bleeding.

Cap. 129.

¶ Another for the ſame.

TAKE Betony, and ſtaupe it with a little ſalt, the quantitie of both muſt be as much as thou canſt take up with thy Two fingers and put it into thy noſe, and it will preſently ſtaunch the bleeding.

Cap. 130.

¶ Another approued medicine for the ſtaunching of blood.

TAKE Linnen cloth and burne it, and take the pouder thereof, and put it into an other cloth, and soe lay it to the Wounde, and this will staunch the bleedinge of any Cut or Wounde. Also take an Herbe that is called by the name of Pimpernell, and holde it betweene your teeth, & you shall not bleede whilest you doe holde it there.

Cap. 131.

¶ A very good Medicine to staunch bloud, when noe thinge else will stoppe it, by reason that the vaines are cut, or that the wound is greate.

TAKE a peece of Salt Biefe, (the leane onely) as much as will lye in the Wound, and lay the biefe in the Embres of the fire, and let it be thorough hote, and whē it is hote, thrust it into the Wounde, and binde it fast, and it will foorthwith staunch the bloud, & let it lye for a good space after in the Wounde, for the stopping of the bloud. This is a present remedy, and hath beene often proued.

Cap. 132.

¶ An other for the same.

TAKE a Toade, and dry him in the Sunne very dry, then put him into a linnen bagg, and hange him about your Necke with a stringe, soe lowe that it may touch your breaste, vpon the lefte side neare vnto your Harte, and most commonly it stayeth all kinde of bleeding at the mouth, Nose, or Wounde.

Cap. 133.

¶ An

¶ An other Medicine to stoppe bloud.

YF your Nose doe bleede vnmeasurable, the tye your little finger very harde about the lower ioynte, and for the most parte commonly, it fayleth not, but stayeth the same.

Cap. 134.

¶ A very good Medicine to staunch the bleeding at the Nose.

TAKE the White of an Egge, and a litle red Oker, otherwise called Bole armoniack, and a litle Dragons bloud, bray all these together very small, then take a litle Flaxe, and wet it therein, and make it like a Fillet, & lay it vpon the foreheade of the Patient, from the one eare to the other, but be sure that it lye vppon the Temples, and this will presently staunch the bloud. This hath beene sufficiently Proued.

Cap. 135.

¶ A present remedy to staunch the bleeding of any Cut or Wounde.

TAKE a good quantitie of Vine leaues, and dyre them and beate them into pouder, and put it into the wound, and it will cease bleedinge presently. This is an aproued Medicine.

Cap. 136.

¶ A medicine for one that bleedeth inwardly.

TAKE a good quantitie of the iuice of Neepe, and let the partie grieued drink it, and it will cauſe him to caſt vp blood preſently. This hath been truely proued.

Cap. 139.

¶ An excellent remedie for one that ſpitteth blood.

TAKE the doung of miſe, and beate it into pouder, (as much as will lye vpon a groate) and put it into a Pint of the iuice of Plantine, and put thereto a little Sugar, and let it be finely beaten to pouder, before you put it into ỳ iuice, and let the partie greeued drinke of it morning & euening, vntill he perceiue this infirmitie to be cleane gone.

Cap. 133.

¶ Another for the ſame.

TAKE the iuice of Betony, and temper it with Goates milke, and giue the ſame to the patient to drinke, and let him vſe it for the ſpace of three daies together, and this will doubtles help him.

Cap. 141.

¶ Another for the ſame.

TAKE Betony, Mintes, Smalege, and Rue, of each of them a like quantitie, and ſeeth them together in newe Milke, and let the partie greened ſuppe it of as hot as he is able to ſuffer it, and this helpeth. Probatum eſt.

Cap. 142.

¶ A Medicine for the byting of any Venemous beast.

TAKE Plantine, and drinke the iuice thereof, and likewise take Selandine and Plantine, of ech of them a like quantitie, Stampe them very well together, & temper them with stale Pisse, and lay the same to the place greeued, and yt will presently both asswage the Swellinge, and drawe out the Venome thereof, and yf yt be neuer soe much For this hath beene often tymes proued.

Cap. 143.

¶ A Medicine for the biting of a madde Dogge.

TAKE Nyght-shade, Betony and Wilde Sage, of ech of them one handefull, and a pinte of faire running Water, then stampe the hearbes, and straine them with the sayd Water, and put thereto a Penywoyth of Triackle, and giue it to the Patient to drinke, for the space of two or three morninges fasting, one after an other And yt helpeth, Probatum est.

Cap. 144.

¶ A Rule to knowe what thinges are good and holosome for the Braine.

+ To smell to Camamill or Muske, + To eate Sage, but not ouermuch, + To drinke Wine measurablie, + To keepe the Head warme, + To washe your Hands often, + To walke measurablie, + To sleepe measurablie, + To heare litle noise of Musicke or singers, + To eate Mustarde & Pepper, + To smell the sauour of Red-roses, & to washe the Temples of your Heade often with Rose-Water.

Cap. 145.

¶ These Thinges are ill for the Braine.

+ All maner of Braines, + Gluttony, + Drunkennes, + Late Suppers, + To sleepe much after meate, + Anger, + Heauines of minde, + To stande much bare-headed, + Corrupt Aires, + To eate ouermuch or hastely, + Ouermuch heate in Trauayling or Labouringe, + Ouermuch Watching, + Ouermuch Colde, + Ouermuch Bathing, + Milke, + Cheese, + Garlicke, + Oynions + Ouermuch Knocking or Noise, & to smell to a white + Rose.

Cap. 146.

¶ A very good Medicine for to be vsed of one that hath a stinking breath.

TAKE the seedes of Coriander, and boyle yt in white Rumney or Sacke, and let the Partie grieued drinke three spoonefulls thereof in the Morninge, and as much in the Euenинge, but note that, ỹ which he taketh in ỹ morning must be cold, & the other hotte, but he must vse to take noe excesse of meates, nor drinkes, nor let him not vse to sitte vp late at night, but rise vp earlie in the morninge, and it will him Probatum est.

Cap. 147.

¶ An other approued Medicine for a stinking Breath.

TAKE a very good quantitie of Rosmarie leaues and flowers, and boyle them in white Wine, and with a litle Cinamon and Benicamin beaten to pouder, & put therein, and let the Patient vse to wash his mouth very often therewith, and this will presently helpe him. Probatum est per M. Gatticars.

Cap. 148.

¶ An other for the same.

TAKE of Cummin seede ana, iij. and beate yt to pouder, and seeth it in a pottle of white Wine, and let yt seeth vntill such time, as the one halfe of it be cõsumed away, then take it and straine it, and let the Patient drinke thereof, twice euery day at the least, for the space of fiue or seauen dayes, together, and let him vse to drinke a quarter of a Pint thereof at a time, and this will helpe him without all doubt For yt hath beene often proued. I. B.

Cap.

Cap. 149.

¶ A medicine for the Tisicke, and stopping in the Breast, and to open the Pipes.

TAKE Parsly-rootes, Fennell-rootes, and Succory rootes, and take all the Pithes out of them, and seeth them in White Wine, til they be softe, and yf you can get any Ginger Berries, seeth them therein, with the rest, & then straine it, when you see that it is well sodden, then put thereto a litle Pellitorie of Spaine, to the Wine, and let the Patient drinke of yt both Morninge and Euenинge, for the space of eighte or nine dayes, and yt will help him, by Gods grace, For yt hath holpē many that could scarce fetch their breath at all.

Cap. 150.

¶ A good Medicine for the stopping in the breste.

TAKE Rue, and seeth yt in Eysell, and so let the Patient drinke yt: Let him also drinke Nettle-seede brayed, and yt will cause him, to auoide great store of Grauell from the stone, in the Raine of the backe.

Cap. 151.

¶ An excellent Medicine for all maner of diseases in the breste, & against all Impostumes, Coughes, and Plurisies.

TAKE a good handfull of Scabious, and let yt bee very well dried, then take Annise-seed & Fennell-seed, of eeh of them one ounce, then take an ounce of Licquorice, and pare it cleane, and cut it very smale, and twelue Figges, and halfe an ounce of Erins, then take all theese, and put them all together, eyther in a quarte of faire runninge Water, or else a quarte of pure White Wine to soke, for the space of one Night, then let them boyle vntill such time, as the one halfe or somewhat more be consumed, then straine yt thorough a fine linnen cloth, and when yt is strayned, put into it, a little fine Suger, to make it sweete, and let the Patient vse to drinke this both Morninge and Euenинge, for the space of eyghte or nine dayes together, and by gods grace, this will helpe him in a short time, For this hath beene sufficientlye proued.

Cap.

Cap. 152.

¶ A very good Medicine for to increase Milke in a Woemans breastes.

TAKE Fennell Rootes, and Parsneepe Rootes, and let them be boyled in Broth, which must be made of Chickins, & then let the Patient eate the same rootes mixed with fresh Butter, which must bee as new made, as possibile it may be gotten, and this will cause greate store of Milke to increase in any Woemans breastes, This hath beene often proued.

Cap. 153.

¶ An other for the same.

TAKE Rice and seeth it in Cowe Milke, and crume some Wheatē bread therein (it must be such as is cleane without Rie) and put into the said Mylke, some Fenell seede beatē to fine pouder, and a litle Suger to make it sweet, and this is knowne to be exceading good.

Cap. 154.

¶ An other for the same.

TAKE a good quantitie of greene Wheate, which groweth vppon the Grounde, betweene Michaelmas & Easter, you must take both of the Blades and Rootes, and stampe it very well and straine it through a fine Linnen cloath, into some Posset Ale, and put therein a litle fine Suger, to sweeten yt withall, and this will increase great store of Milke in a Womans breastes, within the space of three or fower dayes, by vsinge of yt, This hath beene proued.

Cap. 155.

¶ Another for the same.

TAKE Christall, and beate it into a very fine pouder, and Mingle yt with as much Fenneil seed, likewise beaten into fine pouder, and a small quantitie of Suger, and let the Patient vse oftentimes, to drinke it warme, with a litle White Wine, and this restoreth her Milke againe, yf it be gone cleane away from her, For this hath beene sufficientlye proued.

Cap. 156,

¶ An excellent good Medicine, for a Woman that hath a sore or swellinge breste.

TAKE a Colewoort-leafe, and cut away the vaine of yt, and then annoint the leafe yt selfe, with May Butter, boyled with Rose-water, and then lay yt to the womans breste that is sore, and yt will asswage the swellinge and paine thereof, in a short tyme, This hath beene oftentimes proued and founde to bee good.

Cap,

Cap. 157.

¶ An other approued Medicine to breake the sore of a womans brest.

TAKE a good handfull of Figges, and stampe them in a Mozter, vntill such time as all the Kernells be all broken, then take them and temper them very well with a litle Swines Grease that is fresh, and make a Plaister thereof, and lay yt to the Womans brest that is sore, as hote as euer shee can possiblie abide yt, and yt will take away the swellinge, and also the paine thereof, and yf yt be readie to breake, yt will helpe yt forwardes foorthwith to breake, or else not, This is an approued Medicine.

Cap. 158.

¶ A Medicine for the swelling of a Womans breast, after the wayning of a Childe.

TAKE Red Sage, Camamill, and white wine Vinegar, and applye yt often to the Womans brest that is sore and yt helpeth her, Probatum est,

Cap. 158.

¶ An approued Medicine for an old Sore or Bruſe.

TAKE Selandine, red Sage, and Sorell, of euery one of them a good handefull, two handefulls of Woodbinde leaues, halfe a handefull of Rue, otherwiſe called Hearbe grace, and a good handefull of the Topps of Roſemarie, boyle all theſe together, in a Pinte of good white Wine, and a Pinte and an halfe of faire running Water, and let them boyle, vntill you perceiue that they looke yealow, and before ſuch time as they are altogether ſodden, and put as much Honnie into it, as you doe thinke will ſweeten it, and then put into it, halfe a quarter of a pounde of Roch Allum, and when the Allum is molten, then take yt from the fire, and ſtraine it through a Coulender, or elſe thorough ſome courſe linnen cloth, and put yt into a Gallypot or Glaſſe, and ſtoppe it very cloſe, and let ỹ Patient vſe this to the ſore, and it will helpe him, probatum eſt per D. S.

Cap. 159.

¶ An Excellent good Medicine for a bruſe.

TAKE Brooke-Lime, Smallage and Browſe-woorte, and frye them altogether in ſheepes Suet, & then take it

it and ſtraine it thorough a fine linnen cloth, and it will preſently become an Oyle, then put thereto a quantitie of Spermaceti, and mixe them very well together, and annoynte ỹ place grieued often therewith, Probatum eſt, per M. Cox.

Cap. 160.

¶ A good Medicine for any maner of bruſe in the Armes, Legges, or elſe where.

TAKE a good quantitie of the Suet, of an Hart, Buck' or Sheepe, which is new killed (if it may be had) & put thereto ſome Lees of Wine, and Wheaten branne, then take Water-creſſes, and waſh them very cleane, and boyle them in faire runninge Water, and let them boyle vntill ſuch tyme as they be ſofte, then put them into a Mozter, and beate them, and then put them into a cleane Panne, then mixe all theſe thinges together, and frye them, and make a Plaiſter thereof, and lay it warme to the Soze place, and ſoe vſe iiii. or fiue Plaiſters, or moze as neede ſhall require, probatũ eſt.

Cap. 161.

¶ An approued Medicine for any Bruſe or other ſore, which is vnriped.

TAKE Otemeale Grotes, & ſeeth them in Cow Milke which is new, and let them ſeethe vntill they bee very thicke, and then put it into a Panne, and mixe it with a good quantitie of Sheepes Tallowe, and then boyle them very well, and ſturre them continually, and then make a Plaiſter thereof, and lay it to the ſoze, as hotte as it may bee ſuffered. This hath beene proued.

Cap. 162.

¶ A Medicine for a bruſe or ſtraine.

TAKE Chickweedé, Wheate branne, & the groundes of ſtronge Ale or Beere, and mingle them very well together, and lay yt to the place greeued, three or fower tymes a day, yt being ſpread vppon a red Cloath, but not ouer thinne, and this will helpe yt, Probatum eſt.

Cap. 163.

¶ A Medicine for a bruſe.

TAKE a quarte of Claret wine Vineger, and boyle it very well with Leauened bread, and then put into yt, a a good quantitie of Deeres Suet, and a good quantitie of Otemeale, & ſeeth yt vntill ſuch time as it be very thicke, then take a linnen Cloath, and double yt, and ſpread yt thereon very thicke, and lay yt to the ſore, But you muſt chaunge the Plaiſters two or three times in a day, Vſe this for the ſpace of three dayes together, and yt will helpe you.

Cap. 164.

¶ A Moſt ſinguler good Oyle made of Camamill, which is good for all maner of bruſes, Splenes, and Swellinges.

TAKE a Pinte of good Sallet Oyle, or somewhat more, and bruſe a good quantitie of Camamill, and put therein, then put yt into a Glaſſe, and ſet it to ſtande in ſome place in the Sunne, where yt may ſtande ſafe, for the

ſpace

ſpace of tenne or twelue dayes together, and when it hath ſtoode there for the ſpace of fiue daies then ſtraine your Oile through a fine linnen cloath, and ſoe ſet yt againe in ỹ ſunne, and at the end of the aforſayd tenne or twelue dayes, then you muſt ſtraine yt againe, and then ſet yt in the Sunne to ſtand in the Sunne for ſoe longe time as you ſhall thinke yt to bee purified very cleane, and ſoe ſtraine yt the thirde tyme, and when you perceiue that yt is cleane purified from the drugs, then put yt into a cleane Glaſſe, & ſtoppe yt cloſe, vntill ſuch tyme as you haue occaſion to vſe yt, and when you will vſe yt annoinct the place grieued, twice or thrice euery day, chafinge yt before the fire, and this will help you. This Oyle yf you will keepe yt cloſe ſtopped, it will continue good for the ſpace of two yeares and more, For yt hath beene oftentimes ſuffieiently proued.

Cap. 165.

¶ An excellent good Medicine for to be drunke of one that is burſt in the Belly, or Coddes.

TAKE a handefull of Camfrey, a handfull of Polypodium, otherwiſe caled Oke-ſearne, a handfull of Sparakinge, otherwiſe called Knot wort, a Potle of white Wyne, a Knuckle of Veale, halfe a pounde of Reſons of the Sunne, halfe an ounce of Mace, and halfe ſo many Dates, & then take all theſe and put them into an earthen Potte, then take a Kettle of fiue or ſixe gallons, and fill yt with Water, and ſet yt ouer the fire, then take the ſayd Potte and ſtoppe yt very cloſe, with a litle Paſte, and then put yt into the aforſayde Kettle of faire Water, and ſoe let the ſame

water ſeeth continuallye for the ſpace of fiue or ſixe houres with the earthen Pot therein, and keep the Kettle ſtill ſeething with other ſeething water, then take out the ſaide earthen Pot, and take foorth thereof, all other thinges, & beate them in a Morter, and ſtraine it, and giue the Patient of ỹ ſame Licquor to drinke both firſt and laſt, and in ſoe doinge hee ſhall bee by gods helpe cured.

Cap. 166.

¶ Another for the ſame.

TAKE the Gall of an Oxe and Oynions, and fry them with a quantitie of ſheepes Suet, and with a fine linnen cloth, put it to the ſore, and this will preſently help you, For it hath beene well proued.

Cap. 167.

¶ A very good Plaiſter for a bruſe.

TAKE Wormewood and Cummin, of eche of them a like quantitie, and put thereunto, a litle roſe Vineger, then lay it to the bruſe, like a Playſter, before that the ſkynne be any thinge at all broken,

Cap. 168.

¶ A Medicine for a bruſe or cut.

TAKE rootes of Louage, Ale-hofe, Parſlie, & Anniſeedes, and beate them in a Morter very fine, then take Barrowes greaſe, and boyle them together, then ſtraine foorth the iuice thereof, then take as much vnwrought Wax,

as

as a Wallnute, and halfe as much Roſine, & let them boyle together, and when you haue ſoe done, then ſtraine it through a fine linnen cloth into a litle Panne of water, and then let it ſtande vntill it be colde, then take it in your handes and labour it, vntill it be somewhat ſhorte, and then wrappe it in a peece of Leather, and ſoe vſe it as you ſhall haue occaſion.

Cap. 169.

¶ An Excellent good Drinke to heale all maner of bruſes.

TAKE Egremony, Betony, Plantine, Sage, Roſes, Iuie leaues, and Parſlie, of eche of them a like quantitie, and ſtampe them all together, and mingle them with a quarte of good White wine, and let the Patient vſe oftentimes to drink thereof, vntill ſuch time as he be whole, which will bee by gods grace in a ſhorte ſpace. Probatum eſt.

Cap. 170.

¶ A very good Medicine to ſkinne any old Sore or bruſe.

TAKE Red bramble Buddes, Selfe-heale, & Sinckfoile, of eche of them a good handfull, & a litle water-betony, and boyle them all very well together, with Barrowes greaſe, then let the Patient apply it to the ſore as hote as poſſiblie it may be ſuffred, and this will help him without all doubt. Probatum eſt.

Cap. 171.

¶ An approued Medicine, for any burning with fire, or Scaulding with Warer.

TAKE a good handfull of Houſleeke, & a handfull of Hemlockes, and beate them both together, then take a quarter of a pounde of Boyes Greaſe, and ſeeth both the Hearbes and yt together, vntill ſuchtime as they come to an Oyntement, and then ſtraine them into a Boxe, & let y Patient annoinde the place greeued, therewith twice euery daye vntill ſuch time as he bee hole, which will be in a ſhort tyme by gods helpe, Probatum eſt.

Cap. 172.

¶ An other for the ſame.

TAKE Iuy leaues, but they muſt bee of thoſe that grow nere the ground, and the leaues of Marigolds, of Woodbinde leaues, and Plantine, of euery one of them a like quantitie, and choppe them very ſmall, and boyle them in Boyes Greaſe, or elſe Hogges Greaſe, & then ſtraine them into ſome earthen veſſell, or elſe a Gallypot, & let the Patient annoint the place where the griefe is often therewith, and yt helpeth, This hath beene well proued.

Cap. 173.

¶ Another for the ſame.

TAKE a brake-roote, and ſtampe yt very well in a Woodden Diſh, or in a Morter, and then ſtraine out the iuice thereof cleane, and let the Patient annoint the place that is burned often therewith, & it will help him

For

For this hath beene sufficiently proued.

Cap. 174.

¶ A very good Oyntement for any maner of Burning of Gunnpoweder, or Scauldinge with Water.

TAKE two or three handfulls of Housleek, a handfull of Barocs Grease, and two handfulls of Groundsell, stampe all these together, & put thereto, two handfulls of Sheepes Dounge, that is new fallen, & as much Goose Dounge, and stampe them altogether as aforesaide, & then boyle them all very well together, and straine them through a fine Linnen Cloath, into an earthen Pot, and with the Liquor that commeth thereof, annoint the place that ys burned and yt will help yt foorthwith.

Cap. 175.

¶ An other very good Oyntemente for any maner of burning with fire, or otherwise Whatsoeuer.

TAKE Daysie rootes, Plantine, Waybroad leaues, Greene goose Donnge, and the Greene Barke of an Elder Tree, of ech of them a like quantitie, and a quantitie, of Oyle Olysse, stampe them all very well together, and straine them thorough a fine Linnen Cloath, and with a Feather let the Partie greeued annointe him selfe therewith, as often as hee shall thinke good, and this will helpe him without all doubt, Probatum est.

Cap. 176.

¶ A very good Medicine for any maner of Burning with Fire, or Scalding with water.

TAKE a Brake roote, and stampe it in a Dishe, and then straine out the iuice, and put into it, a good quantitie of Creame, and let the Partie greeued, annointe the place which is burned or scaulded therewith, and this will both fetch out the heate, and asswage the paine: For yt hath beene truely proued.

Cap. 177.

¶ A very good remedie for any burning or scald- with a Handegunne, or otherwise.

TAKE a good quantitie of the Dung of Geese, which is of one Nightes making, & a good quantitie of Butter vnsalted, or else Clarified Sheepes Suet, and fry them in a frying Panne for ỳ space of a quarter of an houre, or vntill your Butter or Suet, be almost consumed, then put them into a course linnen Cloath which is cleane, & straine them into a Gally-pot, or els some small earthen vessell: then take a feather, and dip it in the same Liquor, & annoint the place therewith, which is burned or scaulded, and when you haue soe done, then take a fine Linnen cloath, and wet it well in ỳ same Liquor, and lay it vppon the sore place to couer it withall, & soe doe this twise or thrise euery day vntill it be whole, and this by Gods grace, will speadely help you, probatũ est.

Cap. 178.

¶ Another for the same.

TAKE a good quantitie of Mayden-woort, & stamp it, and

and seeth yt in fresh Butter, and straine yt, and let the Patient anoynt the place greeued often therewith, and yt will speadely helpe him. Probatum est.

Cap. 179.

¶ A Medicine to take away a heate or burning with Gun-pouder.

TAKE a good quantitie of of Housleeke, and stampe yt, and wring out the iuice cleane, then take the whites of fiue or sixe New laide Egges, and beate them in a Dysshe, vntill such time as they be Thinne, and then take of the skumme of yt, and put the rest together, and wash the sore place with a Linnen cloath, and lay the cloath aloft vpon the sore wette.

Cap. 180.

¶ An other Medicine for Burning or Scaulding.

TAKE Blacke Sope, or Gray Sope, and lay it ymmediatlye to the place which is burned or scaulded, and yt will speadely helpe yt. For yt hath beene truely proued.

Cap. 181.

¶ Another for the same.

TAKE a good handfull of Auans, & as much Sheepes Dunge, and soe fry them in May-Butter, and straine it, and let the Patient annoint the place greeued, with a litle of the same stuffe yt being cold, twise or thrise a day, and let yt be annointed first, eyther with Gray or blacke Sope, & yt will help yt, But the Oyntement must be spread vppon a fine flaxen Cloath, yf that yt may be gotten, probatū est.

Cap. 182.

¶ A Medicine for burning or skalding in what place ſo euer it be.

TAKE the white of an Egge, and put it into a pewter diſh, and then labor it with an Allome ſtone, vntill it be like a Poſſet curde: then take a fine peece of Linnen cloth, and wet it in Oyle Oliffe, or in ſome other Oyle: then lay the ſayde cloath vppon the ſoare, and aboue it lay the aforeſayd curde made of the white of an Egge, and that ſhall both drawe out the fire, and heale the ſoare.

Cap. 183.

¶ Another Medicine for the ſame.

TAKE foure Egges and roſt them, and then take out the poikes of them, and frie them in a pan ſoftly vppon the Embers, till they be blacke, and therof will come an Oyle, the which you muſt ſaue, and put it into a Gallie pot, and ſo vſe it when they haue neede therof.

Cap. 184.

¶ A good Medicine for a burning, for lacke of other thinges.

TAKE the berries of the Elder-tree, and lay them vnto the ſoare, and they will preſently helpe you.

Cap.

Cap. 185.

¶ Another Medicine for the same.

TAKE Oyle Olife, and beate it with faire water, vntill it ware very white, and then annoynt the place greeued, and it speedely helpeth.

Cap. 186.

¶ An other approued Medicine, for any burning or scalding.

TAKE a dozen Egges, and let them be as new as you can haue them, and lay them in the fire, and rost them as hard as you can take the yolkes, and choppe them as small as you can, and put them into an earthen pot, and set it ouer the fire, and stirre it with a sticke, and let it boyle vntill you see it consumed in a maner to nothing: Then take it from the fire and let it in the ayre a quarter of an houre, or more, and there will come an Oyle thereof, then take a feather and annoynt the griefe with the same Oyle, and take Harstong leaues, and lay vppon the griefe, and that will gather the skinne, then you may binde a cloth thereto.

Cap. 187.

¶ Another for the same,

TAKE a Henne Egge, and rost it vntill it be very hard; then take foorth the yolke, and bruise it with fresh Butter that is cleane without any salt, and annoynt the place greeued therewith, and by Gods helpe it will be whole.

Cap. 188.

¶ An other for the same,

TAKE a Pounde of Waxe, a pounde of Rosine, and halfe a pounde of May-butter, and boyle all these very well together, and stirre yt continually as yt doth seeth, and then let yt coole againe, and when you will vse yt, make yt Plaister-wise, and this will helpe you. probatū est.

Cap. 189.

¶ A very good Medicine for any burninge with fire,

TAKE Blacke Vernish, and with a Feather, anoint the place well which is burned, and yt will asswage ỳ heate thereof, and yt will heale yt as faire as euer did any other Medicine, and soe vse yt continually, vntill such time as you bee perfect whole. This hath beene truely and sufficiently proued.

Cap. 190.

¶ An approued Medicine for any maner of burning or Scauldinge, be yt with fire, Oyle, or with Gunpowder.

TAKE Salt dissolued in Water, or else Brine, which the strength of yt selfe, doth take away the paine, and ỳ heate of any burning, and especially yf yt bee bathed with linnen clothes wette, or dipped in the same, and afterwardes applyed to the place which ys burned or scauded, and this will presentlie helpe yt. Probatum est.

Cap.

Cankers in the mouth.

Cap. 191.

¶ An excellent remedy for a Canker.

TAKE Peny-royall, red Fenell, red Sage, Rosemary toppes, Wayden-heare, of each of them a good handfull, and a little Isope, boyle all these well together in a quart of white Wine, and put thereto as much as two Walnuts of Roch Alum, and as much Hony as will make it sweete, then take it and straine it through a fine cloth, and let the patient wash his mouth often therewith.

Cap. 192.

¶ Another for the same.

TAKE fine Wheaten flower, new Milke, Tarre, and Colewoyts, of each of them as much as you shall thinke good, and boyle them altogether and make a playster thereof, and apply it to the sore place, and this helpeth.

Cap. 193.

¶ A very good water to kill the Canker and Scurfe in the mouth.

TAKE a quarte of white Wine, Selandine, and Sage, Rosemary stripped, Hisope, and Woodbinde leaues, of euery of them halfe a handfull, boyle them in the white Wine, vntill the one halfe be consumed, then straine them, and wring foorth the iuyce, then put thereto halfe an ounce of Allom, a quarter of an ounce of white Coporas, and two or three spoonefuls of Honny, and then set it to the fire againe, and let it seeth but a little: then take it and straine it againe, and put it into a Viall, and when the partye greeued, will vse it, let him wash the Canker with this water, beeing luke warme, three times a day at the least, eyther with a linnen cloth vpon his finger, or else vpon a stickes end if he cannot come to it with his finger. This hath holpen many.

After the patient hath washed his mouth, let him take Sandeferd beaten very small, and (the patients mouth being opened) eyther with a Reede or a quill, blowe a little of the powder vppon the sore. This water will in a short tyme heale anye olde sore, beeyng washed therewith, and a fine linnen cloth dipped in it, and layde vppon the sore.

Cap. 194.

¶ A Medicine for a Canker in the mouth, both white and red: the white Canker will breake out, but the red will not: Also this Medicine is very good for any sore lips, sore legges, or any other sores.

TAKE two handfulls of Woodbinde leaues, and a handfull of Sage, shread them fine, and beate them very small in a Morter: Then take two spoonefulls

of

of Honny, and Roch Allum to the quantitie of halfe an Egge: then take a quarte of faire running water, and seeth these altogether, vntill they be thicke, then straine it through a fine linnen cloth, and put the licquor into a faire earthen potte, and couer it very close: then annoynt the gummes of the patient therewith, within his mouth, on the sore syde, or else if neede require, you may annoynt your whole mouth therewith: And if it bee a white Canker, then annoynt the vtter side of your mouth, and then wet a cloth in the liquor, and lay it thereunto, on the out side of the sore, and vse this three or foure times in a day, and when you are dressed, then lay your face to a warme chasingdish of coles, and then you shall see the water runne foorth of your mouth in great quantities. And if the Canker bee in the nose, or in any other place where it cannot bee touched, then spout some of thys liquor with a quill, and this will heale you within a short space. This liquor will be kept well one and twentie dayes, in his vertue and no more. This hath bene often proued.

Cap. 19.

¶ An excellent Remedie for a Canker in the mouth or throate, or else to wash your teeth that be hollow and stinke.

TAKE a quantitie of red Sage, and twelue crops of Rosemary, and a quantitye of Hony-Suckles, and wilde Daysies, and Sinkefoyle: Boyle them all together in a pinte of verye faire runnyng water, vntill it bee halfe consumed: Then take a little Roch-Allum, and burne it to powder, and halfe a spoonefull

of Hony, and put therein: then take and straine it through fine linnen cloth, and when it is cold, put it into glasses, and let the patient wash his mouth therewith, as often as hee shall thinke good.

Cap. 195.

¶ A very good Medicine for a Cankar in the mouth.

TAKE white wine Vinegar, and Honny, of each of them a like quantity, and boyle them altogether with a little Roch-Allum, and let the patient wash his mouth therewith as often as neede shall require, and this cureth the Canckar.

Also the iuice of Plantine, Vinegar, and Rose water, is very good for the Canker, or a stinking breath.

Cap. 196.

¶ An other Medicine to drie vp the Canker and to stay it.

TAKE the iuyce of Woodbine, and the iuice of Marygolds, and a quantitie of Honny, and a quantitie of powder of Cannell, and as much powder of Copras, and the powder of wilde Sage (burnt and mingled all together) then lay them on the place where the Canker is, and it will drie it vp. But to flea the Cankers, take a red Onion and lay it thereon, and it will both flea it and cure it.

Cap. 197.

¶ A very good Medicine for a Canker, or disease of the Gummes or throate.

TAKE

TAKE Plantine and Honysuckles, of each of them a handfull, an ounce of Daisy leaues, halfe a handfull of Sage, and a quart of very faire running water, boyle all these together, vntill the one halfe be consumed: then put therein fiue spoonefulls of sharpe Vinegar, fiue spoonefulls of stone Honny, and as much Roch-Allum as a Wallnut, this hath beene proued to cure the Canker.

Cap. 199.

¶ A Medicine to cure any Canker in the mouth.

TAKE a Flowerdeluce roote, wash it, and slise it, then take a few leaues of Penyroyall, lay them to steepe in very faire Conduite water, or else in faire running water for the space of xviiii. houres, then take the same water and wash your mouth therewith as often as you shall thinke good.

Cap. 200.

¶ Another for the same.

TAKE Vinegar, Rose-water and the iuice of Plantine, and wash thy mouth therewith many times, and it will helpe thee.

Cap. 201.

¶ A Medicine to cure a Canker in a womans pappes.

TAKE Goose-doung, and Selandine, and bray them very well together, and lay them to the soze pappe, and it will clense the Canker, slea the wozme, and heale the soze.

Cap. 202.

¶ A very good water for to clense the mouth, and to fasten teeth.

TAKE Woodbinde leaues, and Sage, of each of them a handfull, a good spoonefull of pure english Honny, and a peece of Allume as bigge as a good Wallnut, Boyle all these together in a quarte of faire running water, and let it boyle till the one halfe be consumed: then straine it through a fine linnen cloth, and let the Patient wash his mouth with this water luke warme, three or foure times in a day, and this will clense his mouth of any corruption that shall abide therein, after any Canker or other disease.

Cap. 203.

¶ An excellent good Medicine for a Canker.

TAKE Ground Iuie, Plantine, Peny-royall, Woodbinde, Daysies, Rosemary, Isop, Featherfew, Sage, Lauender-spike, and Hearb-grace, of each of these alike quantity, and two spoonefulls of white wine Vineger, stampe and straine all these together, then take wheaten Flower, and Honny, of each of them one spoonefull, then mingle the iuice of the hearbes, and these things all together,

ther, and let it be ſtirred about very well: then make a Plaiſter thereof, and lay it to the ſore place cold, and by Gods grace it will helpe you very ſpeedely.

Cap. 204.

¶ A Medicine for a Canker in the mouth.

TAKE the iuice of Plantine, Woodbinde, and a little Roch Allum, Roſewater, and white wine Vineger, & mingle all theſe together, and let the Patient waſh his mouth therewith, and this will helpe him in a ſhort ſpace, for it hath bene well proued.

Cap. 205.

¶ A Medicine for a Canker, or a ſore mouth.

TAKE a handfull of Sage, and a handfull of Hony-ſuckle leaues, a pretty quantyty of Roſemary, and as much Roch Allum, as halfe a good Wallnut, and a ſpoonefull of Honny, boyle all theſe together in a quarte of faire running water, and let them boyle a good while, then ſtraine it into a Glaſſe or Viall, and let the Patient waſh his mouth both morning and euening, as long as he ſhall finde himſelfe greeued, and this will helpe him. Vſed much by Tho. Sefold.

Cap.

Cap. 206.

¶ An excellent good Medicine for a woman labouring of Childbirth.

TAKE Mugwort, and seeth it very well in faire water, and plaister it as hote as it may be suffered, both to the Nauell and Thighes of the woman labouring of childe, and it doth prouoke speadie deliuery of Childbirth, and afterburden, without any perill, but it must not be suffered to continue very long to any part of her body, for if it doe, it will cause the Matrix to follow.

Cap. 207.

¶ Another for the same.

TAKE Hisope, Veruoine, and Betony, of eache of them one handfull, stampe them very small with olde Ale, and straine it, and wring foorth the iuice thereof, and let the woman that trauaileth, drinke a good draught of it, and it will helpe her presently without any daunger. This hath beene proued.

Cap. 208.

¶ A present remedy for a woman that traueleth with childe, to helpe her to a speady and good deliuerance.

TAKE

TAKE Pollipodium, otherwise called Okefearne, and stampe it very well, then plaister it vpon the feete of the woman that traueleth with childe, and it causeth speedy birth of the childe, eyther aliue or dead. This is a maruelous good secret.

Cap. 209.

¶ A Medicine for the Crampe.

TAKE Oyle of Violets, Holy-oke, and of Swines greace, of each of them a like quantity, and make an Oyntment thereof, and let the party grecued annoynt the place very often where the griefe is with the same Oyntment, and this will helpe him. Probatum est. Per I. B.

Cap. 210.

¶ A very good Medicine for a Chincough.

TAKE a Mouse and flea it, and drye it to powder in an ouen, and drinke it in Ale. The same is also good for them that cannot hold their water. Probatum est. Per M. Ierueis.

Cap. 211.

¶ Another for the same.

TAKE Bores-greace, and warme the soales of the feete of the patient to the fire, and chafe and rubbe them with the aforesaid greace, and when you thinke

that you haue rubbed and chafed them ynough, then let him goe to bed, and there be kept very warme, and lay clothes ynough to his feete.

This may be vsed to little Children, and it will helpe them.

Cap. 212.

¶ An approued Medicine for a Cough.

TAKE three Figges and roste them, and put them in a cup of Beere, and put therein a little Licquorice, and Anniſe-ſeedes beaten to powder, and ſet it to ſtand by the fire till it be warme, then take out the Figges and eate them, then when you goe to bed drinke vp the drinke alſo, and couer your ſelfe very warme, and in ſo doing for the ſpace of foure nights together, it will breake the Cough. This hath bene proued.

Cap. 213.

¶ A very good Medicine to take away a cough, or ſtitch.

TAKE a quarte of Malmeſye, Aniſe-ſeede, and vnſet Iſope, of each of them a handfull, a Licquorice-ſticke or two, bruſed, and halfe a two-peny diſh of Butter, ſeeth all theſe together till they be thicke, and then take it and ſpread it vpon a toſte of Wheaten-bread, and lay them within a fine linnen cloth, and ſet it to your ſtomacke as hot as you may ſuffer it, but if you will vſe this for a ſtitch, the Butter muſt be left out.

Cap. 214.

¶ A

¶ A very good Medicine for a cough, and to cause one to auoide flegme from the stomacke.

TAKE a quart of stale Ale, and a handfull of Goosemeate, which is commonly called Hayrese, and a good quantity of Liquorice pared, and a quantity of small Reisons, and boyle them altogether, vntill the one halfe be consumed, and let the patient drinke thereof first and last.

Cap. 215.

¶ An excellent good drinke to breake the cough.

TAKE two penyworth of Licquorice, and set it to soke in very faire running water, and so let it stand for the space of a day and a night therein, then let the patient drinke a good draught thereof when he goeth to bed, as hote as he can drinke it, then let there be a hote Boord, or a Logget of wood layd as hote as it may be suffered, to the soles of his feete when he goeth to bed, and prouoke him to sweate if you can, and so in the morning do the like againe, and within three dayes he shall be whole. Probatum est.

Cap. 216.

¶ A Medicine for the Cough, and for the straightnes of the pipes.

TAKE drye Figges, and Isope, and stampe them very well together, and boyle them with Honny, then let the patient vse to drinke it fasting, this is good, and hath bene very well approued to be true.

Cap. 217.

¶ An excellent good and approued Medicine against an extreame Cough.

TAKE Fennell-roots cleane washed and Annise seedes, of each of them a like quantity, and a little Licquorice, and seeth them altogether in white Wine, then take and straine it, and put it into some earthen or close pot, and drinke a good draught thereof when you goe to bed, and the next morning, take a Figge, and a Date, and rost them, and eate them as hote as you may, and when you haue so done, neyther eate nor drinke for the space of two or three houres after, and thus in three or foure dayes you shall be whole.

Cap. 218.

¶ Another Medicine for the same.

TAKE Hore-hounde, and Isope, of each of them a like quantity, then take Water and Sugar, and boyle them altogether, till it become a syrop, and so vse to eate this morning and euening, and at all other times when you shall thinke meete and conuenient, and this will breake the Cough, for it hath bene proued.

Cap. 219.

TAKE a toste of Bread, and make it very hote, and put on as much sweete Sallet Oyle, on both sides thereof, as the bread will receiue, and eate it, vse this morning and euening, and it will help you.

Cap. 220.

¶ Another Medicine for the same.

TAKE a little of the roote of Elicompanæ, Reysons of the sunne, Figges cut in small peeces, and Annise seedes, Isope, Licquorice, and Hore-hounde, of each of them a like quantity, Boyle all these very well together in faire running Water, then straine it, and drinke it every morning fasting for the space of three or foure dayes, and it will helpe you.

Cap. 221.

¶ Another Medicine for the same.

TAKE Barrowes greace, or Bores greace, and foure or fiue Cloues of Garlicke, and stampe them all together: then when the Patient is going to bed, let him warme his feete to the fire, and anoynt them with the aforesayd oyntment, then when he is in his bed, let him haue a trencher made hote, and put to the soales of his feete, as hote as he may abide it, and warme clothes, and this will helpe him. Probatum est.

Cap. 222.

¶ A very good Medicine for the Cough, and to breake the fleagme.

TAKE a pottle of pure Muskadine, and a quart of Isope water distilled, and fiue or sixe good races of ease Ginger, pare off the rinde from them very cleane, and slice them, then take twice as much Licquorice as you haue Ginger, and pare it likewise, then take two good handfulls of Sugar-Candie, grose bruised, and mixe all these together, and put them into a Glasse, and shake it often, and stop it very close, and let it stand for the space of xxiiii.

[illegible], then take it and drinke it as often as you shall thinke good.

Cap. 223.

¶ Another Medicine for the Cough, and to drye vp the Reume, and fleagme.

TAKE two penywoorth of Cloues and Maces, a handfull of Bay salt dryed at the fire, a handfull of Cummin, and a handfull of Sage, Beate all these very well, and mingle them together, then take and put them into a linnen Bagge, made for that purpose, of the length and breadth of a mans hand, and let it be quilted, and put it to the mould of the head of the Patient, till he finde ease of his griefe, and so euery morning and euening warme it, and lay it to your mould againe. This hath been prooued,

Cap. 224.

¶ A very good Medicine for the Cough, and wheesing of the pipes or nose.

TAKE an ounce of Cale Ginger, beaten into very fine powder, and an ounce of Elicompane rootes dried and beaten into powder, then take a pound of Sugar-Candie, somewhat finely beaten, halfe a pound of Licquorice, and halfe a pound of Annise-seeds, let them be both searsed, Then take these and mingle them all together, and when you haue so done, put the powder into a Boxe, or Bladder, and when you goe to bed, eate a spoonefull thereof, and as much in the morning fasting, and thys will helpe you in a shorte space, by Gods helpe.

Cap.

Cap. 225.

¶ An excellent Medicine for the Cough, and for the stopping at the breſt, and alſo to open the pipes, and to auoide great ſtore of corruption.

TAKE the roote of Elicompanæ, and a Raddiſh roote, and ſhread them very ſmall, and of Peare-wardens twice ſo much as of both the others, then put them all together into a new earthen pot, and put to them clarified Honny, till it do ouerflow the ſaid ingredience, then couer the pot, and paſte it ſo cloſe, that no breath may come foorth thereof, and ſet it into an Ouen, and let it bake with a batch of Bread, and giue to the Patient a ſpoonefull euery Morning faſting, and likewiſe in the Euening, and it will helpe him.

Cap. 226.

¶ A good Powder for a Cough.

TAKE nine penyweight of fine Caſe Ginger, beaten ſmall, and eighteene penyweight of Powder made of Elecompanæ rootes, and an ounce of Licquorice beaten to powder, and two ounces of the powder of Anniſe-ſeedes, and three ounces of Suger-Candie, mingle all theſe together, and put it into a woodden Boxe, then take it, and eate it at your pleaſure, at all times of the day, and heereby you ſhall finde great eaſe, for this hath been often proued.

Cap. 227.

¶ A perfect good Syrope for a Cough.

TAKE halfe a pound of white Suger-Candie, halfe a pinte of Rose-water, a spoonefull or more of Annise-seedes, a pinte or more of Isope-water, and a good quantity of Licquorice cleane pared and bruised: Boyle all these together, vntill you see it come to a syrop, then straine it through a fine linnen cloth, and put it into a Glasse, and take it at all times when you shall thinke most meete, and conuenient for you.

Cap. 228.

¶ A soueraigne Medicine for the cough of the Lungs.

TAKE Raysons of the sunne a handfull, and let them be cleane washed, with the stones of them cleane picked out, and a penyworth of Maydenheare, halfe a spoonefull or more of Annise seedes bruised small, tenne or twelue Figges, halfe a pound or somewhat more of Portugall Suger, three pintes of very faire running Water, Boyle all these together, vntill the one halfe be consumed away, then straine it through a fine cloth, and euery morning drinke two spoonefulls thereof luke-warme, and you shall presently finde remedie thereby. Probatum est, Per M. Baker.

Cap. 229.

¶ Another for the same.

TAKE halfe a pound of the best Sugar that can be gotten, and a good quantity of Annise seedes, and Licquorice, two handfulls of great Reysons, and let the stones be picked out, two penyworth of Mayden-heare, a gallon of faire running Water, a pound of Figges, Boyle

all these together, vntill it be halfe consumed, then take it, and put it into a cleane earthen pot, and as you vse it, take a little at a time, and put it into a Maudlin Cup, or Cruce, and warme it, drinke this as often as you shall thinke good, but especially Morning and Euening.

Cap. 230.

¶ A Medicine for the cough of the Lungs, and for the Rewme.

TAKE a li. of Elicompanæ rootes ỳ are yong, of Setrach, Mayden-haire, Ana, 1. ℥. all being new gathered, scrape the Elicompanæ rootes, & cut it into small slices, seeth them in fiue pintes of faire running Water, and let it boyle vntill it come to a pinte and an halfe, then straine them, and put to it the quantity of three quarters of a pound of fine Suger, then boyle it againe, vntill it come to the quantity of three quarters of a pinte, then take two or three yolkes of new layd Egges, and beate them very well, and put them therein, and let them boyle together for the space of halfe a quarter of an houre, then take it off the fire, and when the Patient will vse it, let him take a spoonefull at a time, one in the morning, and an other in the euening, and let the Patient lye vpon his backe for the space of an houre after he hath receiued it, and let him vse this for the space of fiue or sixe dayes, keeping himselfe very warme, and it will rid the greatest cough that is from him, for it hath been well prooued.

Cap.

Cap. 231.

¶ A very good Medicine for the Colde.

TAKE a Pottle of Ale, and boyle it, also scome it very cleane, then take Hisop and Peniroyall, of each of them halfe a handfull, Annise seed and Licquorice, of each of them an ounce, and three penyworth of cale Ginger, and fiue or sixe Figges sliced: If your Figges do not make it sweete inough, then put into it a quantity of fine Suger, (you must slice your Licquorice and Ginger, and bruse your Annise seeds) and then boyle it ouer the fire, vntill the one halfe be consumed, and then straine it through a fine linnen cloth into some Glasse, or else some Pot, where it may be kept close, then let the Patient drinke thereof morning and euening for the space of fiue or sixe dayes together, and he shall finde great ease thereby. Probatum est.

Cap. 232.

¶ Another for the same.

TAKE Hisop, Rosemary, Plantine, and the roote of Raddish, of each of them a like quantity, and seeth them in a pottle of white Wine, vntill the one halfe be consumed, then take it from the fire, and seperate the hearbs from the licquor, then take the hearbs, and put them into a Morter, and stampe them very well, and straine them, and put it into the Pot againe, then take a pinte of english Honny, and boyle it, and skome it, then take the quantity of a small Nutte of May Butter (if it may be gotten) and let it be clari-

clarified, and put into the other Licquor, and let it seeth a little space after, then straine it againe through a fine linnen cloth, and put the Licquor into a Glasse, or some other cleane Vessell, and let the Patient drinke thereof morning and euening, to the quantity of seuen or eight spoonefulls at a time, with stale Ale, vntill he be whole. This hath been often proued.

Cap. 233.

¶ A Medicine for the stopping of the nose and head, which commeth by reason of colde.

TAKE a good quantity of the iuice of Primrose, and blow it with a quill into the Patients nose, and let him keepe himselfe warme after it, and it will cleare both his head and nose.

Cap. 234.

¶ A very good Drinke for a Cold or Cough.

TAKE Isop, Rosemary, Plantine, & Raddish-rootes, of each of them a like quantity, and seeth them in a pottle of pure Muskadine, and so let it seeth vntill such time as the one halfe thereof be consumed away, then take foorth the hearbs, and put them into a woodden dish, or else into a morter, and stampe them, and straine the iuice into the licquor, and then put in the hearbs againe, then take a pinte of clarified Honny, and the quantity of a quarte of May-Butter, being likewise clarified, and so boyle all these againe for the space of a quarter of an houre, or somewhat more, then take it and straine it through a fine linnen cloth, into some glasse, or else into some cleane earthen vessell, and stop it close, and let the Patient vse to drinke this both morning and euening for the space of 3. or 4. dayes together, but he must take the quantity of vii. spoonefulls at a time, mingled with

with stale Ale warme, and this will helpe him, although his Cold or Cough be neuer so great, for it hath been well prooued. C. D.

Cap. 235.

¶ Another very good Drinke for the colde, and to open the Pipes.

TAKE Endiue, Succory, Parsly, Fennell, Bourage, Time, Hisop, Germaunder, Neepe, and Penyroyall, of each of them a good quantity, and seeth all these together in a pottle of faire running Water, and let them boyle vntill the one halfe thereof be consumed, and then straine it, and put to it the quantity of two spoonefulls of good wine Vineger; and three or foure ounces of fine Suger, to make it sweete, and so let the Patient drinke a good draught thereof morning and euening, for the space of three dayes together, and this will helpe him. Probatum est.

Cap. 236.

¶ A good Medicine to take away any Corne in your Toe, or else-where.

TAKE a knife, and pare the Corne as neere the quick as it may be suffered, and then take the inner part of a Figge, and a quantity of Verdy-greace, and mire them both together, and lay it to the Corne, and let it be bound very fast with a linnen cloth, and this will eate out the roote of the Corne, for this hath been prooued. Per I. Bell.

Cap.

Cap. 237.

¶ Another Medicine for the same.

TAKE Marygoldes stamped, and lay them vpon the eye both Morning and Euening, and if the Corne be not very deepely rooted, it will helpe. Or else pare your Corne, and lay thereto the quantity of halfe a pease or somewhat more of Turpentine and red Waxe boyled together, and this will take away the Corne.

Cap. 238.

¶ Another Medicine for the same.

TAKE and cut away the Corne, and then take a blacke Snaile and bruise it, and put a drop or two of the iuice thereof into the place greeued, and put thereto a little powder of Sandefere, and it will helpe you.

Cap. 239.

¶ Another Medicine for the same.

FIrst, pare away the Corne as neere as it may be suffered, then take Vnslekt Lime, and put it into the hole, to the quantity of a Fatch, and couer it with a plaister made of Waxe and Rosen mixed together, and let it continue on the place for the space of foure and twenty houres, and this will presently helpe you.

Cap. 240.

¶ A Medicine to heale any Cornes in ones feete or toes.

TAKE red Waxe, Vineger, and a little quantity of Aquavitæ, and boyle them all together, with two or three cloues of Garlicke, then take a knife that is sharpe, and when you goe to bed, cut your Corne as neere as you can suffer to cut it, then take one of the cloues of Garlicke, & some of the Waxe, and binde it to your toe, vse this three or foure times, and this will take away the Corne, that you shall neuer be troubled therewith againe.

Cap. 241.

¶ Another Medicine for the same.

TAKE Oysters and open them, and cut out the white pith that groweth vnto the shells, and dry it, and make thereof a powder, and when you goe to bed cut your Corne with a sharpe knife, and picke out as much of the roote as you can, then put into the hole some of this powder, and if you will, you may vse a very little of sublimed Mercury, the which is to be had at the Apothecaries, and then wrap a linnen cloth about your toe, and it will eate away the Corne cleane. This hath been prooued.

Cap. 242.

¶ A soueraigne Medicine for the Collick.

TAKE houshold bread that is made of cleane wheate, and make a tosse thereof, and tosse it at the fire, and euer as you tosse it, cast Malmesye on it, then take Lauender

Lauender flowers, and cast it on the toste, then lay it vppon a thinne cloth, and as hote as the Patient can suffer it, let him lay it to his Nauell, as close as he can. This hath holpen many.

Cap. 243.

¶ Another Medicine for the same.

TAKE Dates and byen them in a pan as ye do parched Peason, and let the Patient put them in a linnen cloth, and set them to his Nauell as hote as he may possibly abide it, and by vsing this often, he shall finde great ease.

Cap. 244.

¶ Another Medicine for the same.

TAKE a cleane stone, & make it red hote in the fire, then take it foorth againe, and let it coole vntill the rednes be gone, and then take a peny worth of Saffron and lay it vpon the stone, and turne it too and fro, vntill it be turned almost to powder: then take it and temper it well with the quantity of two spoonefulls of pure Malmesey, and so let the Patient drinke it first and last, and by Gods grace this will helpe him.

Cap. 245.

¶ An approued Medicine for the Collick and Stone.

TAKE the cuttings of a Vine and dry them throughly, & when you are disposed to vse them, burne them vpō a Tilestone, or else vpon some cleane harth, then take the ashes ý cōmeth of ý Vine, & mingle it with a pint of Rennish

Wine, or white wine, & so let it stand for ỳ space of a night, and the next morning you must drinke a good draught thereof fasting, (you must haue a great regard in the putting of the ashes and the wine together, because they ought to be of equall quantities.) This hath been proued.

Cap. 246.

¶ A Medicine to be vsed for the Collicke and Stone in manner of a Plaister.

TAKE Parsly & Smallage, of each of them one ounce, and two spoonefulls of Capons-grease, put these into an earthen vessell, and let one spoonefull of the greace be put on the top, and the other in the bottome of the hearbs, then set these to boyle on the embers from morning to night, and then stamp them and straine them: then take the ointment and spread it vpon a linnen cloth, and lay it as hot as it may be suffered to the Nauell, and bottome of your belly. Probatum est.

Cap. 247.

¶ A good Medicine for the Collicke.

TAKE a quarte of white Wine, and Milke that is new from the Cowe, or Goates milke if it may be gotten, and make a posset thereof, then skome the curd away cleane, and take the posset drinke, and put therein a handfull of Mother of Time, and a handfull of yong Parsly, and seeth them in the posset drinke, then take a penyworth of long Pepper & bruise it, and put it into the posset drinke, and let the Patient drinke a good draught thereof first and last, and he shall finde great ease thereby. Probatum est.

Cap.

Cap. 248.

¶ A good Medicine for a woman that is troubled with the Collicke.

TAKE the buds of Palme when they be floured in March, and diſtill them, and giue a good draught of the ſaid water to the Patient to drinke faſting for the ſpace of three or foure dayes together, and the party greeued ſhall quickly be whole. Alſo Litarge drawne into water, is good for the ſame diſeaſe.

Cap. 249.

¶ A good Medicine for the Stone.

TAKE a good handfull of Time, and aſmuch Parſly, and ſeeth them in white Wine a good while, then ſtraine it, and ſhare a good ſpoonefull of white Sope, into a good draught of the ſame Wine, and giue it to the Patient to drinke, and this will helpe him preſently.

Cap. 250.

¶ An excellent good Medicine for the Collick.

TAKE a good quantity of the leaues of a Lorell tree, and dry them and beate them to powder, and put thereto a quantity of the powder of Nutmegs, and mingle them with freſh Butter, and with a linnen cloth bind it to the Nauell of the party greeued, and it will helpe him ſpeedily.

Cap. 251.

¶ Another Medicine for the same.

TAKE a handfull of Grouncell and stampe it very well in a Morter, & put thereto an ounce of Cummin, and fry them with sheepes suet, and stale Ale, and make a Plaister thereof and lay it to the Mauell of the party greeued, as hote as it may be suffered. This hath beene prooued.

Cap. 252.

¶ An approued Medicine for the Collick and Stone.

TAKE Philupendula, Scabions, Mouse-eare, water Cressets, of each of them a like quantity, then take the middle rinde or barke of an Elder tree, and then put all these into an Ouen that is hote, and dry them, and make thereof a Powder, and giue the Patient to drinke the quantity of a spoonefull at a time, either in posset ale, or Ale it selfe alone warme. Probatum est.

Cap. 253.

¶ Another Medicine for the same.

TAKE the waight of eight groates of Cummin, the waight of seauen groates of Gallingall, the waight of fiue groates of Bayes, fiue groates waight of long Pepper, the waight of foure groates of Fennell seede, the waight of three groates of Alisander-seede, two groates waight of Parsly seede, and the waight of one groate of english Saffron: Beate all these to powder in a Brasen Morter, and let it be very well searsed: then put thereto a good quantity of fine Suger, and mingle them well together, and let the party greeued vse of the same powder in his Pottage, (the quantity of halfe a spoonefull at a time) And let him vse of this

powder

powder in his drinke, (as in Ale that is olde, or else in white Wine, but it is best in Pottage. Probatum est.

Cap. 254.

¶ An approoued Medicine for the Collick and Stone.

TAKE a pottle of white Wine that is pure and good, and put it into a pot, and take also two great blew Flint stones, and let them be as bigge as they will easily goe into the pot whereas the Wine is, then cast the stones into the fire, where as they may be red hote, then take them foorth and quench them in the pot whereas the Wine is, then take them foorth againe out of the pot, and put them in the fire againe, as is aforesaid, and so in like manner the third time, and so from time to time, vntill the one halfe be consumed away: and when you see that the Wine is halfe consumed, then set it to stand vntill it be well settled, and then let the party greeued drinke thereof, and let him vse it as often as he shall thinke good, or that he shall feele any paine, and this will helpe him of the Collick and Stone. For by experience I am able to report, that it did helpe one Mayster Taylor of Brissow, that was prisoner in the Kings Bench, with diuers others.

Cap. 255.

¶ An excellent good and perfect Medicine to cure the Collick, Stone, and Stranguary.

TAKE v. or vi. leaues of the hearbe called Lawrell, stampe them and straine them in Ale, or if they be dry, beate them to powder & put it in Ale, & let the Patient

drinke

drinke thereof fasting, and let him be kept warme all the same day after in his Chamber: for after the receipt thereof, he shall be troubled with fiue or sixe stooles, or more. This hearbe groweth in Gardens, and is like to Misselden, otherwise Mistletoe, and it hath leaues like vnto the hearbe which is called Missell, which groweth in old Apple trees, and beareth a berry of the bignes of a warte, and it is commonly giuen to Cattell for medicines.

The next day after that you haue taken this Medicine as aforesaid, make a Powder of these things following; Filipendula, and Saxifrage, of each of them one ounce, Coriander seede, Gromell seede, and Alexander seede, of each of them halfe an ounce, Iuy berries, Broome-seede, the blossome of the Elder flowers, and the berries of Holme, of each of these one ounce, and the like quantity of Annise seede and Fenell seede, an Oxe gall, and halfe an ounce of the Rowe of a red Hearing, the Roundes of a Thornebacke-fish, which is a round nut, which you shall finde within the prickes which stand vpon the fishes backe, and Pollipodium, which is a fearne growing out of an Oke, dried into powder: of each of these halfe an ounce, beate all these in powder, and mixe them together, and for the space of fiue or seuen dayes following, take euery day fasting to the quantity of one spoonefull of the same Powder, and mixe it with Ale, and drinke thereof: but you must abstaine from meate & drinke for the space of foure or fiue houres after the receipt hereof. This hath cured many.

Cap. 25.

¶ A Medicine to cure the Collick and Stone.

TAKE Blacke berries, Hawes, and Akornes, and dry them vpon Tiles, then take the powder of them seuerally, of each a spoonefull, and searse it fine, and giue it

it to the Patient in Malmesey to drinke euery morning fasting, for the space of fiue or sixe dayes. This hath been proued.

Cap. 257.

¶ Another Medicine for the same.

TAke vnset Leekes, Mallowes, Pellitory, of each of them a like quantity, stampe them very well, and put thereto a penyworth or two of Neates oyle, fry them well together in maner of a plaister, put them into a bagge made of linnen cloth, and being very hote, lay it to the belly of the Patient, and it will helpe within one houre.

And for the Stone, lay the same to the Reines of the backe behinde, and it will help with speede.

Cap. 258.

¶ A very good Medicine for the Collicke.

TAke Gromell seede, Parsly seedes, and Annise seedes, of each of them two spoonefuls, greene Fenell one handfull, one Parsly roote, one Raddish roote, let eyther of them be as long as a finger, vnset Time, Cherystones, Philopendula, of each of them one handfull, Wash all these, and bruse and stamp them very small, Then take them and boile them in a pottle of white Wine, in an earthen pot close, till a pint thereof be consumed, and then let it runne through a linnen cloth without strayning, and drinke this both morning and euening. Probatum est.

Cap. 259.

¶ A Medicine for the Collicke and Stone.

TAke Camamile, as much as will lie in the palme of your hand, Pellitory of the wall, and Auens, of each of them a handfull, and a spoonefull of Parsly seede a little

bruſed, then make a Poſſet of Rennish Wine, and let the curd be cleane taken off, and then boile all theſe together in the ſame poſſet drinke, till all the ſubſtance be boyled out, then vſe to drinke this both morning and euening, and this will helpe you.

Cap. 260.

¶ An aproued Medicine for the Collicke.

TAke an ounce of Cloues & Mace, a handfull of Time, a handfull of Roſemary, and as much Iſope, and ſeeth all theſe in a pottle of white Wine, and let it ſeeth vntill it be conſumed from a pottle to a quarte, then put thereto a little Suger, & then drinke the ſame luke-warme at ſuch time as you feele your ſelfe to be in paine, and when it is very well ſodden as aforeſaid, you muſt burne it as you do commonly vſe to burne other Wines.

Cap. 261.

¶ An aproued Medicine for the Stone.

TAke a Carret roote, and ſlice it very thinne, and lay it in white Wine, and ſo let it remaine for the ſpace of two dayes and two nights, and then ſtraine it, and let the Patient drinke thereof morning and euening faſting, and this will helpe him. Probatum eſt.

Winde Collicke.

Cap. 262.

¶ An aproued Medicine for the winde Collicke and for a ſtitch.

TAke Capillus Veneris, Parſly rootes, & Fenell rootes, of each of them a quarter of an ounce, bruſe all theſe hearbs together, and let the party grieued drinke the iuice thereof with white Wine morning and euening for the ſpace of 3 or 4 dayes, and it will helpe him. Probatum eſt.

Cap.

Cap. 263.

¶ An excellent Medicine for the Windy Collicke.

TAke a pottle of pure Malmesey that is not mixt with any other Wines, and 4 or 5 spoonefuls of the pith of Parsly rootes, and two handfuls of Violet leaues, and a dosen of Bay leaues, seeth all these together vntill the one halfe be boyled away: then take it, and straine it well through a very fine linnen cloth, and let the Patient drinke a good draught thereof morning and euening warme.

Cap. 264.

¶ Another Medicine for the same.

TAke a quart of Ale clarified, and two spoonefulls of the flower of Licquorice, and a spoonefull of the flower of Annis seedes, and halfe a spoonefull of Fennell seedes bruised, a little Time, and seeth them all together vntill it be consumed from a quart to a pint, and then straine it through a linnen cloth, and vse this morning and euening for the space of 4 or 5 dayes warme, and this will helpe you.

Consumption.

Cap. 265.

¶ A remedy for a Consumption.

TAke a pottle of Rosewater, and as much Milke of Goates, of Mares, or of the Milke of a Cow that is all of one colour, and put thereto to the number of 50 or threescore Egges, mingle the yolks of the Egges very well with the Milke and Rosewater, but let not any of the white remaine amongst them, and distill a water thereof, and giue it to the Patient to drinke warme first & last, with a Take or two of Manus Christi, which is made with Golde and Pearles: Vse this, and you shall finde much ease thereby, for it hath holpen many.

Cap. 266.

¶ A remedy for a Consumption in the Reines.

TAke a handfull or two of Clary leaues, and pricke them, and 4 or 5 yolks of Henne egges newly layde, then take Saffron and dry it vpon a Tilestone or some such thing, and grinde it very small, and put all these together, and fry them in fresh butter, and eate it first in the morning, and this will helpe you.

Deafenesse.

Cap. 267.

¶ A soueraigne Medicine for the paine and buzzing in the head, which hindreth the hearing very much.

TAke a Clone of Garlicke, pill it, and picke three or foure holes in the middest of it, and then dip it in fine english Honny, and put it into your eare, and put a little blacke wooll after, and for that night lie vpon the other side, and let your eare that is stopped be vpright, and the next night following vse the other eare in the same sort, and lye then on the contrary side againe, and so euery other night after as aforesaid, and so continue it for the space of eight or nine dayes together, and this will expulse all the ill humors foorth at your nose, it will also expell the paine, and restore the hearing. This hath beene proued.

Cap. 268.

¶ An approued Medicine for deafenesse.

TAke Bayleaues, Bayberries, Betony, and Sticards, of each of them one handfull, ſeeth them in white wine, vntill the one halfe be conſumed, (and for an old man vſe Malmeſey in ſtead of white wine) then take it, and put it into a veſſell that hath a narrow mouth, and let the Patient hold his eare ouer it (being vnſtopped) ſo that he may ſuffer it (the ſame not being too hote nor too colde) then take oyle of bitter Almonds, and let three or foure drops thereof fall into his eare. Let the Patient haue alwayes a locke of fine blacke wooll that groweth betweene the Sheepes legges, to ſtop his eare cloſe withall, wherein, if he put a little Muſke, it will be the better. This hath beene proued by Tho. Steuens of Buſhton.

Cap. 269.

¶ An excellent Medicine for one that is deafe, and that his hearing is almoſt cleane gone.

TAke a red Onyon, and take out the core that is in the middeſt thereof, and put thereto the oyle of roſted Almonds, but let the Onyon be ſomewhat warme when you put the oyle into it, and let it ſtand ſo for the ſpace of one night, then let it be bruiſed, and ſtrayned into a poringer, and let the party grieued cauſe one to drop three drops at a time both morning and euening, and let him ſtop his eare with a little blacke wooll that groweth vnder the eare of a blacke Sheepe, and let him when he is in his bed lye on the ſame ſide: thus vſing firſt the one eare, and afterwards the other in this manner, it will by Gods helpe cure him. This hath cured many.

FIrst, it is to be considered what things are good for the eyes, and what are not, for the eye is the most necessary member of all other pertaining to mans body, for without the sight thereof, we can of our selues do nothing: therefore this small member is chiefely to be regarded, and according to my simple skill, I haue gathered a fewe flowers (as I may tearme them) to preserue, and keepe the same, and in so doing, if I offend, I shall be hartely sory, but if they please, then shall I thinke my labours happely spent.

Good for the sight.	Ill for the sight.
Measurable sleepe.	To eate Garlicke,
Red Roses.	Onyons and Leekes.
Veruaine Rootes.	To eate Lettice.
Fennell.	To trauell or go too sudden after meate.
Selandine.	Hote Wines. Cold ayre.
Pimperuell.	Drunkennes. Gluttony.
Oculus Christi.	Milke. Cheese.
To wash your eyes with cleare water.	Ouermuch beholding of bright and red things, and also white.
To looke vpon any manner of greene colours.	Much sleepe after meate.
To looke in a faire Glasse.	Too much lett. of bloud.
Washing your hands and feete often.	Cold wayes. Dust. Fire.
	Much weeping, and ouermuch watching.

Waters for the Eyes.

¶ A speciall good water for to preserue the eyesight.

TAke a new layd Egge, and roste it hard, cut the shell in the middest, then take fourth the yolke, and put a piece of Coperas into the place where the yolke lay, and binde the Egge together againe, and let it lye in the fire, vntill

till you thinke that the Coperas be resolued to water, then take the white out of the shell, and cut it into small pieces, and put it into a glasse of cleere running water, and let it stand a little while, then straine it through a very fine cloth, and keepe it in a close glasse, and euery morning and euening wash the Patients eyes therewith.

¶ A Medicine for sore eyes.

TAke Copozas, and lay it to steepe in faire running water for the space of 5 or 6 houres, then take it, and straine it through a linnen cloth into a little glasse or Viall, and when you goe to bed strike the brees of your eyes therewith, and let it drop into them, and this will helpe your eyesight very much.

¶ A very good Medicine to kill the pinne and the webbe in the eye.

TAke red Sage, red Fennell, three leaued grasse, and Daysies, of each of them a like quantity, then take the white of a new laid egge, and beate it till all the frothy may be easily taken off, and put thereto halfe a spoonefull of Honney, then stampe all the hearbs together, and when you haue stamped them very small, then straine them, and put to the iuice thereof the white of the egge and the Honny all together, and let them be very well tempered, then take a feather, and drop a little of this into the eye of the Patient: then take a plaister of Flaxen tow, and dip it in the said Medicine, and lay it vpon the Patients eye, and binde it fast, and let it continue an houre or somewhat more at euery time that it is dressed. This hath been many times proued.

¶ Another soueraigne Medicine for the webbe in the eye, if it be olde.

TAke red Pimpernell, & Euphrasia, & stamp them very wel in a Morter, and then fry them with Capons greese in a cleane panne, and when it is fryed, wring it through a linnen

a linnen cloth into some brasse vessell, and let it stand therein three dayes after, then take it foorth, and put it into a boxe of Horne or Tinne, and a little thereof at a time, and put it into the webbe of the eye, and this Medicine will help it.

¶ A very good Medicine to cleare the eyesight.

MAke a Powder of Fennell, Annise, and Elicompane, and temper them with Aquavitæ, and then dry them againe, and eate a quantity thereof euery morning and euening, and this will both cleare the sight, purge the winde, and make one seeme yong long. This hath beene proued.

¶ A Medicine for bleared eyes.

TAke the stone that is called Salumnaris, which is to be had at the Apothecaries, and beate it to fine powder, and put it into a spoonefull or two of Rose water, and one spoonefull of running water mingled together, then take a feather, and euery morning and euening let a drop or two fall into your eye. Use this often, and it will helpe you.

¶ A Medicine for eyes that are bloudshot and red.

TAke Houseleeke, and stampe it very small, then take a new laid egge, and make a hole in the end, and draw out all the meate, and put into it the iuice of Houseleeke, and set it in the embers, and so distill it, and with a feather scumme it cleane, and at night when you go to bed take a feather, and drop a drop thereof into your eye, lying vpon your backe, and it will presently helpe you. This hath been proued.

¶ A Medicine for to kill a pearle or web in the eye.

Take

TAke three leaued grasse that beareth the Honysuckle, and take the iuyce thereof, and put it into the eye of the partie grieued, and it will by vsing it twice a day, help it in fiue dayes space.

¶ An experienced water for the eyes.

TAke Selandine, Fennell, Sage, Rosemary, Veruine, and Rue, of each of them a good handfull, take all these and wash them very cleane, and dry the water fourth of them againe with a fine cloth: then put them into a Limbecke, and distill them, and let the Patient drop of this water often into his eies, and this will recouer his sight againe although it be supposed to be past all hope of recouery.

Face.

¶ A very good Medicine to destroy any heate in the face, or in any other place, although it be S. Anthonies fire.

TAke a pottle of Smithes water, a handfull of Sage two handfuls of Elder leaues, or of the greene barke of an Elder tree, and two penyworth of Alum, take these, and seeth them altogether, from a pottle to a pint then take it, and put it into an earthen pot, or some gally pot and let the Patient anoint his face therewith when he goeth to bed, and by the next morning he shall finde great ease thereby: but let him vse it for the space of fiue or sixe dayes, and this will helpe him by Gods grace.

¶ Another very good Medicine for a red or high coloured face.

TAke Vine-leaues and Strawberies, of each of them a like quantity, then take as much sweete Creame, as you shall thinke good for the quantity of the things aforesaid,

then put vnto it two penyworth of Camphire, and put it into a Stillatory all together, and distill it, and then take the water thereof and wash your face therewith euery morning and euening for the space of nine or tenne dayes, and this will take away the high colour. This was much vsed by Maister Cox, who did help many with it.

¶ Another Medicine to take away the pimples and high colour out of ones face, be it neuer so farre gone.

TAke greene and white Copperesse, of each of them a like quantity, and put them into a saucer of faire running water, and warme it on the coales, and as hote as euer you can suffer it, anoint the pimples of your face therewith, or any other place of your face which is high coloured, or red, and in vsing this often, it will helpe you.

¶ A Medicine for to make ones face cleare, and to shine.

TAke a good quantity of the Marrow of Swines feete, Cow-milke, and Rosewater, and mingle them well together, and anoint your face therewith lukewarme, and it will make it very faire.

Falling Euill.

¶ An excellent good remedy for the Falling Euill.

TAke Piony-rootes one handfull, and a handfull of Mistleto that groweth in a Blackthorne Tree, and an handfull of Pollipodium, otherwise called Dkefearne, and a handfull or two of Selandine, if it be to be had,

had, stampe them very well, and soke them in Ale for the space of 24 houres, then take it, and straine it through a fine linnen cloth, and put it into some earthen pot to be kept close frō the aire, and let the Patient drinke a good draught thereof euery morning fasting, and last in the euening for the space of nine or tenne dayes, and by Gods help he shall be cured. This hath been proued.

¶ Another very good Medicine for the same.

TAke Germander that is gathered in May, when it hath the blossome on it, and dry it in the shadow where no Sunne commeth, and make thereof a powder, and when you will, vse it: then take the yolke of an Egge, or two, and beate the powder and the yolks all together in some woodden dish or porenger, then seeth it, and when it is sodden, giue it to the Patient to eate both morning and euening for the space of nine dayes: But during this time, he must abstaine from all kinde of Wines, and carnall company of women, and also from all manner of Pulse, as Beanes, Pease, Fitches, and Tares, and from all other things that are of a hard concoction or digestion, Probatum est.

¶ Another Medicine for the same.

TAke the Matrice of a Sow that hath yong Pigges, and dry it vppon a Tilestone or Fireshouell, and make a Powder thereof, and giue it to the Patient to eate, or else put it in his drinke, and as soone as he hath receiued the same, you shall perceiue the sicknes to remoue into his fingers ends, grieuing him very sore for a space, Then make some kinde of rupture to set to his fingers ends, and you shall in a short space see the yellow matter or corruption proceede foorth of them.

¶ A very good Medicine for the bloudie Flux.

TAke Plantine, Knotty-grasse, & Sheppards purse, of each of them a good quantity, and boyle them all together in new Milke, Broath, or red Wine, and when they are well sodden, then straine the hearbes and the Milke, and let the Patient drinke this often, and it will helpe him. Probatum est.

¶ Another excellent good Medicine to stop the bloudie Flix.

TAke a pound of Almonds, and blaunch them, and stamp them in a Morter very small, then take the yolks of xii new layd Egges reare rosted, and mingle them with the said Almonds, then put to them a quart of good red wine-vineger, and mingle it with the aforesaid stuffe, and put them into an earthen pot, and stirre them well together, and so let the Patient drinke the quantity of v. or vi. spoonefuls thereof at a time warme, 3 or 4 times every day, as long as neede shall require, and it will helpe him.

¶ An experienced Medicine to stay the bloudie Flix.

TAke a peece of Beefe which groweth about the Brisket of the Oxe, and let the Patient eate a peece thereof rawe, and this will speedily help him.

Gowte.

¶ An experienced Medicine for the Goute.

TAKE stale Pisse, and seeth it, and scome it, and put thereto a good quantity of the iuice of red Nettles, red Fenell, Mints, and Wormewood, and let the iuice of them

them be of as euen portions as you can gesse them, Mustard and Cumanin, of each of them a little, and the iuice of hearbe Benet as much as of all the rest, Seeth all these together, and make a Playster thereof, and so apply it often to the place grieued, and it will help. This hath been prooued.

¶ Another good Medicine for the Gowt, or any other ache.

TAke Rosen and Pitch, of each of them a quarter of a pound, and a quantity of Frankensence, as much as a beane, and as much of Turpentine, then take a quantity of Deare-suet, or Sheepes tallow, and boyle them all together in a pot, and when it is well boyled, then take it foorth, and wash it as you do Birdlime in cleane water, and then take some of it, and spread it vpon a peece of Leather, and lay it to the sore, and so let it remaine there vntill it fall off it selfe, Use this two or three times, and you shall finde great ease thereby.

¶ A Medicine for the Gowte.

TAke Shomakers specks or pieces of leather, and fry out the grease, and lay some of it vpon a browne paper, and warme it a little at the fire, then apply it to the place grieued, and it will take away the paine thereof in one night. Probatum est.

Greene Sicknes.

¶ An approued Medicine for the Greene Sicknes.

TAKE a pottle of red Wine that is pure, (or for want thereof, take so much Hollocke) and two ounces of Fennell seedes, and three ounces of Annise seedes, and put them all together, and let them boyle ouer a soft fire, vntill

till the one halfe be consumed, then straine it, and let the Patient drinke thereof first and last, luke warme, and let the Patient drinke the quantity of halfe a pint thereof at a time, if it may be indured. This must be vsed for the space of eight dayes together, alwayes beginning two dayes after the changes of euery new Moone: and if it be farre gone, that the Patient cannot recouer perfect health in that space, then let this Medicine be vsed eight dayes in a moneth for the space of three moneths together, in the beginning of euery moneth as aforesaid, and without all doubt it helpeth. This hath been often prooued.

¶ A Medicine for the Greene Sicknes.

TAke an hearbe that is called Rosus solus, it groweth lowe by the ground, and it hath somewhat a broade leafe (some do call it the Sheepes rot) it beareth a yellow flower. Distill this hearbe, and giue some of the water to the Patient, to drinke morning and euening, and let him vse some exercise of labour, and by this drinke he shall be holpen without all doubt. The Patient must vse this drinke for the space of sixe or seauen dayes together, for it is also restoratiue, and much vertue hath been found heerein.

¶ A Medicine for to take away any extreame ache, or swimming in the head.

TAke Rosemary, Lauender-flowers, Winter-sauery, Camamile, Bayes, and Lauender it selfe, both new and old, Mints, and Fenell, seeth these all together in water, and put thereto a handfull of Bay salt, then take the same licour the hearbs and all, and wash your feete therewith twise euery morning and euening for the space of three dayes, and in doing thus, it will take away any paine in the head if it be neuer so extreame or grieuous, for it hath been prooued.

¶ An

¶ An excellent good Medicine for the Head-ach or Megrime.

TAke fiue or sixe Nutmegs, and pare and slice them very thinne, then make two little linnen baggs of the length and breadth of your finger, and put in the Nutmegs, then take a quantity of pure red Rosewater, and lay your baggs in the same water, in a dish, vpon a chasingdish of coales, and make them hote, and lay them to the temples of your head, and this will help.

¶ Another Medicine for a continuall head-ach.

TAke Betony-water, and then take a cloth and double it three or foure times double, and let it be some three fingers broade, wet it very well in the Betony-water, and lay it to your forhead cold. Let the cloth being wet, come round about your head, and tye it very fast, and when the cloth is dryed, wet it againe, and in doing thus three or foure times, it will by Gods grace help thee.

¶ A very good Medicine to clense or purge the Head.

TAke Pellitory of Spaine, and chew the roote thereof in your mouth, three or foure dayes at seuerall times, and this will take away the paine of the head, and also fasten the teeth in the gummes. Probatum est.

¶ A very good Medicine for the head-ach.

TAke water of Margerum, and hold your nose ouer it, and draw your winde hard vnto you, vntill such time as the water hath entred into your nose diuers times, and then suddainely your head-ach shall be taken away.

¶ A

¶ A very good Medicine for the Megrime truly proued.

TAke an ounce of Pepper, and 4 or 5 Nutmegs, a quarter of an ounce of Graines, and a quart of Vinegar, and two handfuls of Rosemary, boyle all these together betweene two platters vpon a chasingdish of coles, and then take a cloth and put it ouer your head, and hold your head close ouer it, vntill it be very well boyled: It is the better if you let it boyle almost all away, by Gods grace this will help you.

Iaundise.

¶ A Medicine for the black Iaundise.

TAKE shell-snailes and rost them, or else dry them at the fire, or in an ouen, and when they are dry, beate them to powder, then take a spoonefull thereof at one time, and drinke it in Ale, and this being taken for the space of nine or tenne dayes together both morning and euening, it doth perfectly cure this disease.

¶ A very good Medicine for the yelow Iaundise.

TAke earth-wormes, and wash them and slit them, then take a little scraped Iuory and english Saffron beaten to powder, mixe these with white Wine, and let the Patient drinke a good draught thereof luke-warme, both morning and euening.

¶ A Medicine for the yellow.

TAke Baysalt, Otes, and Commin, and dry all these, and make two bags thereof, and as hote as the Patient may suffer it lay the one after the other to the plow, or crowne of the head, and so let him vse it a good while.

¶ A

¶ A present remedy for an Itch.

TAKE Dock-rootes and beate them, and bruise them with fresh Butter, and anoint the Patient with the Salue, and in fiue or sixe times dressing, it will helpe him.

Liuer.

¶ A Medicine for the stopping in the Liuer.

TAKE Broth made of a Chicken, with these things in it, that is to say, Mercury and Succory, of each of them halfe a handfull, and a few great Reisons, the stones picked out, and let all these be boyled together, then take a few bitter Almonds, and blaunch them and beate them, and with the same Licquor, make Almond Milke, and so vse to drinke it euery morning first.

¶ Another Medicine for the heate of the Liuer, or drinesse in the hands.

TAKE a good quantity of Strawbery-water distilled, and seeth therein a good quantity of Liuerwort, and drinke it with a good quantity of Sirop of Mints, and this will coole the heate of the Liuer.

¶ A very good drinke made of Whey, for to coole the extreame heate of the Liuer and Stomacke.

TAke Violet-leaues, Sinckfoile leaues, Succory, Endiue, Scabions, and Fumitory, of each of them a good handfull, seeth all these in a pottle of Whey which hath been boyled, and so let it continue still seething, vntill a third part thereof be consumed, then straine it through a fine linnen cloth, and let the Patient drinke a good draught thereof both morning and euening, and it will helpe him. Probatum est.

¶ An approued Medicine for the Mother.

TAke a quantity of Nepe-royall, and stamp it, then take two spoonefuls of the said iuice, and a spoonefull of Salletoyle, and let two parts thereof seeth away, then vnto that which remayneth, but onely the quantity of the oyle, and let the Patient anoint the place very often where the Mother doth arise.

Morphew.

❧ A very speedy remedy for the Morphew.

TAke three spoonefulls of Elder-water, and let the Patient drinke euery day so much, for the space of nine dayes, and looke that the Patient do sweate euery day, then take three or foure Oke-apples, and lay them to steepe in white wine Vinegar for the space of 24 houres, and then let him wash his body with the Vinegar, and this will help him.

Piles or Emerodes.

¶ An excellent remedy for the Piles.

TAke the beards of the heads of vnset Leekes, and wash them cleane, then take a quantity of faire running Water, and boyle them therein, till they be somewhat tender, then dry thē well in a linnen cloth, then stamp them as small as you can, and when you haue so done, take a good piece of fresh Butter, and boyle them therein vpon a Chasingdish of coles, then put into it a good quantity of english Saffron, and boyle them together, and when it is well boyled, straine it through a faire linnen cloth into a Glasse and keepe it, and when you will vse it, make a Plaister thereof vpon a linnen cloth, or else a piece of leather, and lay it cold to the place which is grieued, and this will speedily help him.

¶ A

¶ A Medicine to staunch the bleeding of the Piles.

TAke the iuice of Millfoile, and put thereunto the powder of burnt Garlicke, and let the partie grieued drinke thereof, and in short space the Piles will dye. This hath been prooued.

French Poxe.

❧ An excellent good water for the French Poxe.

TAke white Coporas, Roch-Allum, Licquorice, and Honny, of each of them a penyworth, or somewhat more, of Sage, Rosemary, and Woodbinde, of each of them a like quantity, and boyle them all together in faire running Water, and let the Patient vse this often, and it will help him.

¶ A maruellous good oyntment for the French Poxe.

TAke Hoggs-greace that is vntried to the quantity of a quarter of a pound, of Quicksiluer. ℥. 1. and qualifie your Quicksiluer with fasting Spettle, then put to the Hoggs-greace and the Quicksiluer 3 or 4 spoonefulls of strong and sharp Vineger, then beate all these very well for the space of two or three houres together, and then put it into an earthen pot, or Gally pot, and let the Patient vse to anoint the place grieued often therewith, and doubtlesse this will help him. Probatum est.

¶ A good Medicine to kill the great Pocke.

TAke a good quantity of Camphire, and lay it to the place where the Pocke is, and it will presently eate it cleane away. Probatum est.

¶ Another for the same.

TAke a good quantity of Hemlocks, and a good quantity of the dregs of strong Ale, and a good quantity of Mutton Suet, and boyle all these very well together, and make a Pultis of them, and lay it to the place where the griefe is, and this will help him. Probatum est.

¶ An excellent good Medicine to heale the French Pox.

TAke Goacum Capium halfe a pound, Salsa perilla two ounces, Barke of Goacum two ounces, Licquorice one ounce, Annise seedes one ounce, Fennell seede one ounce, Seeny one ounce, and of Betany, Scabions, Smallege, Pellitory of the wall, Penyroyall, Harts-toong, Maydenhere, wild Mints, or red Mints, red Sage, Oculus Christi, Liuerwort, and of the hearbe Mercury, of euery one of them a good handfull, cleane picked and washed, and then put all these together to steepe for the space of one whole night, in three gallons of faire running Water, or else in two gallons of pure white Wine, and one gallon of strong Ale, then take them, and boyle them all together, vntill it be consumed to three quarts, then straine it through a fine linnen cloth, and put it into a close vessell.

¶ Note this, that if you boyle it in water, it will continue but sixe or seuen dayes, but being boyled in Wine, and Ale, twenty dayes, which is too short a space for the party which is sicke and diseased, to vse it.

This must be drunken by the sicke person both morning and euening, and at meate, and you must put into euery three quartes of the water, one quarter of an ounce of Coloquintida, and let the party which is sicke vse it, vntill such time as it hath scowred the body very well, and if it do not purge well, then take this Medicine following.

¶ Another

¶ Another for the same.

TAke halfe an ounce of Seny, a spoonefull of Annise-seedes, halfe an ounce of Licquorice, a spoonefull of Fenell seedes, twenty Reysons of the sunne, the stones picked foorth, boyle these all together in a quart of Water, and let it boyle vntill the one halfe be consumed, then straine it, and put thereto one ounce and an halfe of Deaphenicon, and shake it together, and let the party grieued drinke thereof warme euery morning fasting.

This Purgation neuer maketh the body sicke, neyther doth it hurt the stomacke.

Note also, that this drinke aforesaid, will heale any old vlcer if it be washed therewith, and especially of that which is made both of Wine and Ale, if the party be neuer so sore diseased, let him purge twice or thrice with Coloquintida, prepared, and it will help him for euer.

Small Poxe.

¶ A Medicine to driue out the small Poxe.

TAke Milke, Saffron, and english Honny, and seeth them together, and giue it to the Patient; and let him be kept warme after it.

¶ Another for the same.

TAke Dragon-water, white Wine, and Methridatum, or Treacle of Ieane, and some Vnicornes horne, and seeth these together, and giue them to the Patient as aforesaid.

Purgations.

TAke a pinte of white Wine, and an ounce of Senie, and a good handfull of Reisons of the sunne, the stones picked out, and halfe a spoonefull of Anniseedes, put all these into

into the said white Wine to steepe one whole night, and the next morning boyle it vntill it be come to a draught, and so let the Patient drinke it luke-warme, and if you will you may put thereunto three or foure rootes of Polipodie of the oke. This is very good. Probatum est.

Plague and pestilence.

HEerein are conteyned diuers and sundry good rules and easie Medicines, which are made with little charge, for the poorer sort of people, as well for the preseruation of all people from the Plague before infection, as for the curing and ordering of them after such time as they shall be infected.

¶ A preseruatiue by correcting the ayre in all houses.

TAke Rosemary dryed, Iuniper, Bay-leaues, or Frankincense, and cast the same vpon the coles in a chafingdish, and receiue the fume or smoke thereof into your head. If you will, put a little Lauender or Sage that is dryed, into the fire with the rest it will do much good.

Also to make your fires in earthen pannes (rather to remoue about your Chambers, then in Chimneys) shall be better to correct the aires in your houses, then otherwise.

¶ A preseruatiue against the Plague.

TAke a handfull of Hearbe-grace, otherwise called Rue, a handfull of Elder-leaues, a handfull of red Sage, and a handfull of red Bramble leaues, and stamp them well together, and straine them through a fine linnen cloth, with a quarte of white Wine, then take a quantity of Cafe Ginger, and mingle it with them, and drinke a good draught thereof both morning and euening for the space of nine dayes together, and by Gods grace it will preserue you.

¶ An

¶ An excellent good drinke to be taken euery morning for a preseruatiue against the Plague, and for to auoide infection.

TAke a handfull of Winter-Sauery, and boyle the same in a quart of good wine-Vinegar, with a spoonefull of Graines being very fine beaten, and put into the same, then put into it a quantity of fine Suger, and so drinke a good draught thereof euery morning fasting.

* When you must of necessitie come into any place where any infectious persons are, it is good for you to smell to the roote of Angellica, Gentian, or Valerian, and to chew any of these in your mouth.

¶ A speciall preseruatiue against the Plague.

TAke fiue spoonefuls of wine-Vinegar, three spoonefuls of faire running-Water, halfe a spoonefull of Treacle of Iene, and of Bolearmoniake as much as a small nut, being beaten to powder, and drinke this euery morning and euery euening. Proued by M. Knight of Andouer.

Take vi. leaues of Sorell, and wash them with Water and Vinegar, and let them lie to steepe in the said Water and Vinegar a good while, then eate them fasting and keepe in your mouth and chew now or then either Stewall, or the roote of Angelica, or a little Cinamon, for any of these is maruellous good.

* Medicines to be vsed after infection taken.

FOr asmuch as the greatest cause of the Plague doth stand rather in poyson, then in any putrifaction of humors, as other Agues do, the chiefest way is to moue much sweating, and to defend the hart by some cordiall thing.

Suppos-

Suppositarie.

IF the Patient be costiue and bound in his body, let him take a Suppositarie made with a little boyled Honny, and a little fine Powder of Salt, and so take it in at the fundament, and so keepe it till it moue a stoole.

¶ A very good Medicine to be drunke, suspecting any to haue the Plague.

TAke a great onyon and take foorth the core, then fill it full with good Treacle of Iene, and wrap the same in a paper, and rost it vntill it be soft, then straine the same with a little white wine Vinegar, and temper it with a quantity of Suger, and giue to the Patient two spoonefulls thereof to drinke fasting, and if the Patient be infected with the Plague, you shall perceiue it within fiue houres, after the receipt of the same drinke.

❧ An excellent Medicine for the Plague.

TAke three or foure slips of hearbe grace, and vi. spoonefulls of Vineger, and beate them both together in a Morter, then straine the iuice out thereof, & put thereto an ounce of fine Treacle, and an ounce of fine Suger, and set it ouer the fire, and stirre it together, and make thereof a sirop, and then put it into a close boxe: then take a Sage-leafe, and euery morning fasting spread as much as a beane thereof vpon the same leafe, and so eate it morning and euening first and last. And if he that eateth it be infected, it wil driue it cleane from his hart, and if he be not infected, it will preserue him within the space of xxiiij houres after the receipt thereof.

❧ A very good Medicine for the Plague.

TAke in the morning fasting, one dry Fig, one Wallnut, and 4 or 5 leaues of hearbe-grace, chopped all together very small, and eate them, and drinke afterwards a good draught of white or claret Wine: If it be a woman with child, leaue out the hearbe-grace. This hath been often proued.

¶ A

¶ A very good Medicine against the Plague.

TAke a Figge, and put therein a little Hearbe-grace, mingled with a little Baysalt bruised, and the kernell of a Walnut cleane picked, these being put all together into the Fig, let the Patient eate three or foure of these Figs so dressed, every morning next his hart, and drinke a very good draught of white Wine after it, and let him walke an houre after it, before he eate any more meate, and by using of it thus every morning, by Gods help he shall be safe from any infection.

✻ A Medicine to breake the Botch.

IF it fortune the Botch to appeare, then take red Bramble leaues, Elder leaues, and Mustard seede, and stamp them all together, and then take thereof, and make a Plaister and lay it to the sore, and it will draw foorth all the venome.

✻ A maruellous good drinke for them that are infected with the Plague.

TAke leafe-gold, and mingle it with the iuice of Lemons, and a litle Suger-candie, Cloues, Mace, and a litle Cinamon, and a like quantity of Licquorice finely pared & sliced, and let this be steeped in white Wine, or else in good Claret Wine, and put therein a good quantity of the powder of Angellica, or else of the decoction of the same roote, the same drinke will help the Patient being drunke warme.

✻ An excellent Medicine to ripen and to bring foorth the sore.

TAke a white onyon, and cut it in pieces, and three ounces of Butter that is cleane without salt, then take cloues of Garlicke cleane picked, the waight of xx d. and the quantity of halfe an egge of leuen, and a little otemeale small beaten, boyle all these together with a little new Milke, or else faire water, & make a pultesse of it, & lay it very warme to the sore.

I would wish that all such persons that haue been infected with this disease, should willingly keepe their owne houses, or places of abode, without being conuersant with those that are whole, vntill the sores haue left running, and be perfectly whole and sound, which in sanguine and cholericke persons will be healed sooner then in those which be of melancholike and flegmatike complexions. Such persons (I assure you) may not very well be conuersant with them that are not infected, for the space of one whole moneth at the least. Likewise the contagion suspected to remaine in any clothes, either wollen or linnen, cannot very well be auoided by better meanes then by fire and water, and by often washing of them in frosts and sunneshine with good discretion, and burning the clothes that are of small value. Therefore I beseech God of his great mercy to keepe vs all in safety from it.

Ringwormes or Tetters.

¶ A Medicine to kill a Ringworme or Tetter, or any other maner of Itch.

TAke Sallet-oyle and salt, and temper them very well together, and warme them luke warme, and let the Patient anoint the places where the sores are, and in three or foure times dressing, it will help him.

Salues.

¶ A very good Salue for a new cut or wound that will not cease bleeding.

TAke the blades of sallet Leekes, and stamp them very well, and put thereunto a quantity of wheate flower, and a quantity of Honny, and stirre them very well, but let it come neere no fire, but all cold lay it to the wound, and this will staunch the bleeding, and draw out the bruised bloud, and make it cleane. This hath been often proued.

¶ An

¶ An excellent Salue for a cut.

TAke two handfulls of Valerian, and two handfulls of Bugle, that is most commonly growing in woods, and bruse them very small, then take a quantity of Deeres suet, and halfe as much vnwrought waxe, Let there be of these two as much as the hearbes may boyle therein, then set it on the fire, and when it is halfe boyled, then put a quantity of the best Turpentine therein that may be gotten, then let it boile till it be inough (but all the while, see that you do not cease sturring it) then straine it through a fine linnen cloth, and put it into some Gallypot, or earthen vessell, and so keepe it. This hath been many times and often proued.

¶ A very good way to make the blacke Salue, that cureth all old sores and vlcers, be they neuer so great, foule, and stinking.

TAke a gallon of stale Ale, being very strong, two handfulls of Woodbinde leaues, halfe a handfull of seeded Nettles, and as much Colewoyts which haue the ragged leaues, halfe a pound of red Onyons, halfe a pound of Garlicke pilled, a pound of vnset Leekes, a handfull of the powder of a rotten post, which is Oke, for that is best, then let all these be stamped all together very small in a Morter, and then put them into the Ale, with halfe a pound of Roch Allum, then set them ouer a soft fire, and let them boyle, vntill the one half or more be consumed, then straine them through a fine cloth, into some earthen or other vessell that is cleane, and then put to them halfe a pound of virgin waxe, halfe a pound of Rosen, halfe a pound of Neruoile that is greene, and a quantity of stone Penny, then let it stand for the space of foure or fiue dayes, then take it againe and boyle it till halfe be consumed away, then put it into an earthen pot, and let it be stopped very close, and vse it as you shall haue occasion.

¶ An aproued Medicine to keepe teeth from stinking, and also to make them white.

TAke a quantity of long Pepper, Mints, Purslane, Aristologia rotunda, Salgem, & seeth them in pure white Wine, and straine it into a Glasse or Viall, and when you shall thinke good, wash your teeth therewith, and this will keepe them both white and sweete. Per M. Cox.

¶ A most excellent remedy to ease the raging paine of the teeth.

TAke a little Balme and Basill, and rub them both together in the palme of your hand, vntill such time as they come almost to a iuice, and then put it into your eare on the same side that the paine is on, and it will help you presently. This hath holpen many.

¶ A very good Medicine for the tooth-ache.

TAke a good quantity of the rootes of Henbane, and seeth it in white wine-vineger, or Rosewater, and put the decoction thereof in your mouth, and it will helpe you.

Wormes.

¶ A Medicine for Wormes in a Childes belly.

TAke Aquacomposita that is made of hearbs, and wash the breast of the child, then take powder of Mirrhe very fine beaten, and straw it likewise vpon the breast of the childe (after that it hath been well washed) and lay a warme cloth to it, and so let it lye for the space of xxiiii. houres to it.

FINIS.